## CHILDREN'S BILL OF RIGHTS

## For children whose parents are seperated



- 1. The right not to be asked "choose sides" between their parents.
- 2. The right not to be told the details of bitter or nasty legal proceedings going on between their parents.
- 3. The right not to be told "bad things" about the other parent's pesonality or character.
- 4. The right to privacy when talking to either parent on the telephone.
- 5. The right not to be cross-examined by one parent after spending time with the other parent.
- 6. The right not to be asked to be a messenger from one parent to another.
- 7. The right not to be asked by one parent to tell the other parent untruths.
- 8. The right not to be used as a confidant regarding the legal proceedings between the parents.
- 9. The right to express feelings, whatever those feelings may be.
- 10. The right to choose not to express certain feelings.
- 11. The right to be protected from parental warfare.
- 12. The right not to be made to feel guilty for loving both parents.

