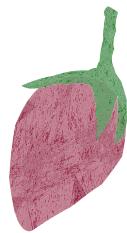


# Kev Muag Zauba Thiab Txiv Hmab Txiv Ntoo Rau Chaw Zov Me Nyuam Yaus



Ntaub ntawv qhia txog kev muag zaub thiab txiv hmab txiv ntoo rau chaw tu me nyuam yaus thiab cov chaw kawm ntawv.

## Wisconsin Farm rau ECE yog dab tsi?

Wisconsin Farm rau Early Care thiab Education pab cov me nyuam nyob rau hauv chaw zov me nyuam thiab chaw kawm ntawv kom tau noj zaub mov cog ib ncig ntawm zej zog, paub txog kev ua teb noj, thiab muab kev kawm rau txhua tus me nyuam hauv cov preschools, daycares, thiab Head Starts.

**Nram qab no yog lus qhia pab kom koj thiaj paub muag zaub rau thiab koom tes nrog cov chaw yuav koj cov zaub.**

## Early care thiab education yog dab tsi?

Early care thiab education yog cov chaw zov thiab qhia ntawv rau cov me nyuam nyuam qhuav yug mus rau cov muaj hnub nyug 6 xyoo thiab cov chaw xws li child care centers, family daycares, Head Start, thiab preschool.



Twb muaj cov daycares mus ncig tim farmers' market lawm. (Image courtesy of the Dane County Farmers' Market.)



Txhua hnub, cov chaw ECE no yuav tsum tau yuav txiv hmab txiv ntoo thiab zaub ua khoom txom ncauj rau cov me nyuam: yog zoo hwv tsam muag txiv strawberries!

Zaub mov noj yog ib yam tseem ceeb rau early care! Lub sij hawm nyob rau cov chaw zov me nyuam thiab chaw kawm ntawv, cov me nyuam yaus noj ntau plus mov thiab khoom txom ncauj. Txhua tus neeg zov me nyuam thiab qhia ntawv rau me nyuam nkag siab zoo txog kev noj zaub mov kom zoo thiab huv si.

Txhua lub chaw zov me nyuam thiab qhia ntawv rau me nyuam nyias zoo txawv nyias. Cov chaw loj los muaj cov chaw me los muaj, cov neeg ua dej num los sib txawv, kev qhia zoo tsis sib xws, thiab zaub mov noj los yeej txawv. Qhov no zoo heev vim tias cov chaw no siv farm rau ECE cov lus qhia los pab lawv raws li yam lawv siv tau.

## Vim li cas cov chaw zov me nyuam thiab qhia ntawv rau me nyuam no thiaj yog ib qho chaw zoo rau koj muag zaub

- **Cov chaw zov me nyuam thiab qhia ntawv me:** Feem ntau cov chaw no yuav zaub tsawg zog-yog ib yam zoo rau cov neeg ua zaub muag.
- **Txiat txim yuav zaub yooj yim:** Cov chaw no xav yuav pes tsawg yam thiab hom zaub twg los tau.
- **Khiav dej num thawm niaj thawm xyoo:** Cov chaw no khiav dej num thawm niaj thawm xyoo yog li zoo rau cov neeg ua zaub muag. Muag zaub caij ntuj sov rau cov me nyuam noj lub sij hawm lawv nqhis nqhis.
- **Muaj chav ua mov noj:** Feem ntau cov chaw no muaj chav ua zaub mov noj, muaj neeg ua zaub mov, thiab muaj chaw rau koj cov zaub uas koj cog ib ncig ntawm zej zog.

## Koj yuav tsum xav txog dab tsi lub sij hawm koj npaj siab muag khoom rau cov daycares

- Lawv tab tom siv yam zaub dab tsi uas koj cog tau thiab yuav muag tau rau lawv?
- Puas muaj yam zaub dab tsi uas yuav haum rau cov me nyuam noj thiab? Xws li zaub esxias rau cov me nyuam esxias los yog zaub mev rau cov me nyuam mev?
- Lawv puas yuav cov zaub tsis zoo nkauj, kab noj noj thiab phem zog?
- Lawv muaj khoom siv ua noj dab tsi los siv ua noj hauv chav ua noj?
- Lawv xav tau dab tsi, xws li ib asthiv no xa zaub tsawg zaus, yuav ntim zaub li cas thiaj haum, thiab lawv muaj chaw tso khoom zoo li cas xwb?
- Lawv puas xav tuaj ncig saib koj daim teb ua noj?



## Npaj koj lub lag luam

- Koj yuav tsum ua license thiab label rau txhua yam khoom koj cog thiab muag kom raws li kev cai.
- Qhia kom lawv paub seb koj cog tau yam khoom dab tsi, muaj ntau npaum cas, thiab zoo muag rau lub sij hawm twg.
- Npaj qhia koj cov ntaub ntawv food safety thiab evxalas.
- Nyeem thiab nrhiav kev pab cuam rau koj lub lag luam muag zaub rau chaw zov me nyuam thiab qhia ntawv rau me nyuam hauv [Wisconsin Farm to School Toolkit for Producers](#).

Me nyuam yaus hauv chaw ECE nyob Wisconsin noj cov carrots cog ib ncig ntawm zej zog.

## Koj puas muaj lus nug dab tsi? Tiv tom tau!

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