V-O-Cal volunteers will be rehabilitating long-neglected trail at Lynch Canyon Open Space, land that was saved from becoming landfill by the Solano Land Trust, our hosts this weekend. Our focus will be on the Prairie View Trail, a segment of the Bay Area Ridge Trail, which continues across the street in Rockville Hills County Park, as part of an eventual 550 mile loop encircling the Bay. We will be widening the trail in places, improving drainage, and making some small re-routes to improve sustainability.

Volunteers will be divided into crews of 6-8 volunteers and be assigned to one section of the trail. All volunteers will be assigned to a certified crew leader who will help with the proper tool usage, trail design and monitor safe tool practices. All tools and training are provided for volunteers. Please be sure to wear comfortable work clothing and close-toed shoes and bring plenty of water.

The entrance is just off Highway 80 and the park will be closed to the public. We will have a gate monitor at key times to control access, but if you arrive at other times look for a brass padlock with orange tape on the gate. It will have a combination of 1212. If you encounter problems with the gate, please call Morris at 925-510-3149 for assistance; cell coverage is good here!

Because the park is otherwise closed this weekend, the gate must be locked as soon as you pass through. The parking area is a couple hundred yards inside the gate. There is room for everyone to park if we do not waste space. At times we will have a parking monitor to ensure that we utilize the space in the best way possible.

Camping (optional) will be in the Girl Scout restoration area, about a hundred yards from the parking lot. Because the surrounding area is being grazed, the gate to the camping area must be kept latched at all times. Hot showers will be available at the Center Camp. Our kitchen and all meals will be at the camp site.

Because it is a restoration area, we have been asked to use biodegradable soap only, and to filter out any food in our wastewater before pouring it on the ground. Alternatively dirty dishwater can be poured off in the rest room. Smoking is prohibited in Lynch Canyon Open Space.

Please be sure to bring a change of clothes for camping; be prepared for a variety of weather conditions, and cool evenings (think layers!). Although the forecast is for sun all weekend, the ground will likely still be wet, so bring a good tarp or footprint for your tent. For the same reason shoes with good tread, and preferably waterproof, would be a good idea. Camp chairs are also advised as there are no picnic tables at this location. Unless there is a serious storm predicted, we will work drizzle or shine.

We are not allowed to have campfires here, and no dogs are allowed.

Volunteers who are working on the trail will be divided into crews and assigned a certified crew leader who will provide training on tool use and safety and will supervise the work throughout the day. V-O-Cal provides all necessary tools. Volunteers are encouraged to bring their own work gloves, though V-O-Cal does have gloves available. Please bring/wear comfortable work clothing and sturdy closed-toe shoes or boots.

We will have V-O-Cal waivers at our registration table for anyone who did not sign when someone else registered them, as well as separate waivers for Solano Land Trust.
V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals. Please bring your own reusable plates, coffee mug, cups and utensils. To minimize waste from our projects; we ask that you bring your own dishes. Hot water and soap are provided.

**A continental breakfast is served Saturday morning.**

**Lunch is prepared before hitting the trails. We provide lunch bags and lunch. We break for lunch on the trail around 12:30 pm Saturday, earlier on Sunday.**

**Appetizers and beverages will be available starting about 4 pm after the work day on Saturday. Dinner will follow at 5:45 pm.**

**Hot breakfast is served Sunday morning.**

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### Event Schedule

#### Friday
- 5:00 pm – Registration and camping opens.  
  *Dinner is not provided.*

#### Saturday (6:45 am - 8am – Arrive at Lynch Canyon)
- 7:30 am – Registration, light breakfast and lunch packing begin.
- 8:30 am – Morning greeting, announcements, stretching and safety talk.
- 9:00 am – Project begins.
- 12:30 pm – Break for lunch on trail.
- 3:00 pm – Head back to camp.
- 4:00 pm – Drinks, appetizers, pool party and socializing. Solar showers available.
- 5:45 pm – Dinner and entertainment.
- 8:30 pm – Evening programs.

#### Sunday
- 7:30 am – Registration and lunch packing begin. Hot breakfast is served.
- 8:30 am – Morning greeting, announcements, stretching and safety talk. Project begins.
- 11:30 am – Lunch on trail.
- 12:30 pm – Head back to camp, clean tools, pack gear and truck.

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### Meals

V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals.

**Please bring your own reusable plates, coffee mug, cups and utensils. To minimize waste from our projects; we ask that you bring your own dishes. Hot water and soap are provided.**

- A continental breakfast is served Saturday morning.
- Lunch is prepared before hitting the trails. We provide lunch bags and lunch. We break for lunch on the trail around 12:30 pm Saturday, earlier on Sunday.

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### Hazards

**POISON OAK**

There is a risk of exposure to poison oak at the work site. Have your crew leader point some out to you if you don’t know what it looks like. Clean with Tecnu (which we provide) after the work day and be cautious when handling your dirty clothes.

**MOSQUITOES | TICKS**

Mosquitoes are active this time of year so bug spray and long-sleeved, lightweight shirts are recommended. Ticks are always a hazard; light colored clothing makes them easier to spot when you check during and after the project.

**SNakes**

Snakes are present on the property. Use caution when walking the trails and when picking items up off the ground.

**SHARP TOOLS**

Please listen to your crew leader’s tool safety talk and observe proper tool use throughout the day.

**HYDRATION | SUN EXPOSURE | HYPOTHERMIA**

Weather can vary, so bring layers, rain gear, sun hat and sunscreen to be prepared. Carry and drink lots of water on the trail. It may also be a little wet and chilly! If you feel tired or weak, let your crew leader know and take a break.

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### What To Bring

- Sturdy shoes or boots with good tread. Ankle support will be important where we are building new trails. Sandals and open-toed shoes will not be permitted.
- Water bottles or a water bladder that can hold at least 2 liters of water. (You will not be allowed on the trail without water.)
- Work gloves. (If you don’t have your own gloves, V-O-Cal will provide them. Please return them at the end of the project.)
- Day pack to carry your water and lunch.
- Sunglasses, hat, and sunscreen.
- Insect repellent and allergy medicine (if you normally need these things when working outdoors).
- Reusable plate/bowl, eating utensils, and mug/cup.
- A change of clothes for each work day, especially if you are sensitive to poison oak.
- Layers of clothing for a range of temperatures.
- If you will be camping . . .
  - A tent
  - A sleeping bag and pillow
  - A flashlight or headlamp
  - A camp chair (if you don’t want to sit on the ground)
  - Other camping gear that makes you comfortable

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**Please arrive at camp by 7:40 am to register, eat breakfast and prepare your lunch.**

- Appetizers and beverages will be available starting about 4 pm after the work day on Saturday. Dinner will follow at 5:45 pm.
- Hot breakfast is served Sunday morning.
Driving Directions
Lynch Canyon Open Space is at 3100 Lynch Road, Fairfield, CA.

From San Francisco, Oakland and other locations near the Bay
Take Hwy 80 to Follow I-80 E to American Canyon Road in Vallejo
Take exit 36 from I-80 E, turn right on American Canyon Road
an immediate left onto McGary Road
go 1.5 miles turn left onto Lynch Road
go under the freeway to the park gate

From Walnut Creek or Livermore
Take 680 N to 780 W
go 6 miles to Exit 1B
merge onto I-80 E, and
follow the directions above

Volunteer and Tool Shuttle
Although our tools will be driven up to the work site, the Prairie View Trail segment that we will be working on is about 2.5 miles from the camp site. Although we may be able to shuttle volunteers for the first half mile, the rest is not drivable, so be prepared for the walk on the Middle Valley Trail to the work site.

Volunteer Parking Pass
Lynch Canyon Open Space
March 24, 2023
March 25, 2023
March 26, 2023
Children 14 and over are welcome on V-O-Cal projects. Volunteers under 16 must be accompanied by an adult.

To register, visit our website at [www.v-o-cal.org](http://www.v-o-cal.org) or [https://tinyurl.com/dxn9japh](https://tinyurl.com/dxn9japh)

For photos of our recent projects, please visit

- [https://www.facebook.com/volunteersforoutdoorcalifornia](https://www.facebook.com/volunteersforoutdoorcalifornia)
- [https://instagram.com/volunteersforoutdoorcalifornia](https://instagram.com/volunteersforoutdoorcalifornia)

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**Volunteer Project Team**

- **V-O-Cal Executive Director**: Cathy Moyer
- **Project Team Lead**: Morris Older
- **Technical Advisor**: Joe Cavaness
- **Crew Leader Manager**: Dmitry Nechayev
- **Food Shopping & Prep**: Cathy Moyer | Chris Fishel
  - **Kitchen | Chef**: Art Lu
  - **Outreach**: Morris Older | Lily Brady
- **Camp Operations**: Francesca Verdier
  - **Marlon Tamr**
- **Warehouse Load | Truck Driver**: Curt Hutchings
- **Registration**: Melanie Lee
  - **Ellen Holbrook**

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**Project Sponsor**

Special Thanks to Bay Area Barns and Trails for their generous grant supporting the 2022 V-O-Cal Project Season. BABT assists landowners and land managers with preservation and maintenance of publicly accessible Bay Area barns, stables, pastures, staging areas, horse camps, and trails.

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**In-Kind Project Sponsors**

Connoisseur Coffee | Tecnu | REI | Sidley Austin | Metro Mobile | Communications | Adventure Medical Kits | Clif Bar | Bay Area Ridge Trail