

| Client Registration Form  |                           |                  |                  |                 |           |  |  |
|---|---------------------------|------------------|------------------|-----------------|-----------|--|--|
| Last name:  | First:                    |                  |                  | Middle Initial: |           |  |  |
| Birthdate:  | Alberta Health Care#:     |                  | Gender:          | Age:            |           |  |  |
| Street Address:   | City:                     |                  | Province:        | Postal Code:    |           |  |  |
| Home Phone:   | Cell ph                   | one:             | Work Phone:      |                 |           |  |  |
| Physician:  |                           |                  | Physician Phone: |                 |           |  |  |
|   |                           | Background Infor | rmation          |                 |           |  |  |
| Marital Status:   |                           |                  |                  |                 |           |  |  |
| ☐ Single ☐ Partnered ☐  | <b>1</b> Marri            | ed Divorced *    | * • Separated    | *               | ☐ Widowed |  |  |
| Date of Marriage:  Date of Divorce:  Date of Separation:  Date of Death:                          |                           |                  |                  |                 |           |  |  |
| *Please describe parenting time/custody arrangements:   |                           |                  |                  |                 |           |  |  |
| Presenting Problems   |                           |                  |                  |                 |           |  |  |
| What concerns or problems, including symptoms, convinced you to seek help now?                    |                           |                  |                  |                 |           |  |  |
| Have you sought out treatment for this problem before?   Yes  No If yes, who treated you?   When? |                           |                  |                  |                 |           |  |  |
| Family Information  |                           |                  |                  |                 |           |  |  |
| Spouse/ Partner:  |                           |                  |                  |                 |           |  |  |
| Children (names & ages): ☐ Yes ☐  | <b>l</b> No               |                  |                  |                 |           |  |  |
| Name:   | Age: Deceased? ☐ Yes ☐ No |                  |                  |                 |           |  |  |

| Name:  |   |           |                                | Age                 | e:      |                 | Deceased           | I? ☐ Yes ☐ No |
|--|---|-----------|--------------------------------|---------------------|---------|-----------------|--------------------|---------------|
|  |   |           |                                | Educat              | tion    |                 |                    |               |
| Highes   | st grad   | e comp    | leted in school:               |                     |         | Where:          |                    |               |
|  |   |           | Post-Secondary Institutions?   |                     |         |                 |                    |               |
| ыа уо  | u atte  | nu any i  | Post-secondary institutions?   | u res u il ye       | es, whe | ere/ when:      |                    |               |
|  |   |           |                                | Work Hi             | istory  | 1               |                    |               |
| Are you currently employed? ☐ Yes ☐ No If yes, are you working ☐ Full Time ☐ Part Time                           |   |           |                                |                     |         |                 |                    |               |
| AIC YO   | u cuii  | entry en  | ipioyeu: a res a No 1          | i yes, are you wor  | IKIIIB  |                 | a rait iiiie       |               |
| Curren   | it Occi   | upation:  |                                |                     |         | Years on th     | e job:             |               |
| Past O   | ccupa   | tion:     |                                |                     |         | Years on th     | e job:             |               |
|  |   |           |                                |                     | Histor  | <b>.</b> y      |                    |               |
| How is   | vour  | present   | physical health?   Excell      | ent 🛭 Good 📮        | Fair    | ☐ Poor          |                    |               |
|  | , you.  | present   |                                |                     |         |                 |                    |               |
| Do you   | ı have  | any rec   | urrent or chronic health prol  | olems or condition  | ns: 🗖   | Yes 🖵 No If ye  | s please describe: |               |
|  |   |           |                                |                     |         |                 |                    |               |
| Are yo   | u curr  | ently ur  | der a physician's care for a p | hysical problem?    | • □ Ye  | es 🖵 No         | If yes, please d   | lescribe:     |
|  |   |           |                                |                     |         |                 |                    |               |
| Do vou   | ı prese   | ently tak | ke any medications on a regu   | lar basis? 🔲 Y      | 'es □ N | No If ves. plea | se complete the f  | ollowing      |
| ,  |   |           |                                |                     | -       | ,, ,            |                    |               |
|  | Name of medication For what reason Who prescribed |           |                                |                     |         |                 | ed                 |               |
|  |   |           |                                |                     |         |                 |                    |               |
|  |   |           |                                |                     |         |                 |                    |               |
|  |   |           |                                |                     |         |                 |                    |               |
| Have y   | ou ev   | er had a  | ny of the following medical of | diagnosis or any co | onditio | n or illness?   |                    |               |
| _  | Yes   | No        | Diagnosis/Condition/Illnes     | S                   | During  | Childhood       | Past as an adult   | Currently     |
|  |   |           | Allergies/ Asthma              |                     |         |                 |                    |               |
|  |   |           | Headaches/Migraines            |                     |         |                 |                    |               |
|  |   |           | Heart Problems                 |                     |         |                 |                    |               |
|  |   |           | High Blood Pressure            |                     |         |                 |                    |               |
|  |   |           | Substance Abuse (alcoh         | ol, drugs)          |         |                 |                    |               |
|  |   |           | Thyroid Problems               |                     |         |                 |                    |               |
|  |   |           | Head Injury or loss of co      | nsciousness         |         |                 |                    |               |
|  |   |           | Irritable bowel                |                     |         |                 |                    |               |
|  |   |           | Vision Problems                |                     |         |                 |                    |               |
|  |   |           | Hearing/ Chronic Ear Inf       | ections             |         |                 |                    |               |
|  |   |           | Sleep Problems                 |                     |         |                 |                    |               |
|  |   |           | Diabetes                       |                     |         |                 |                    |               |
|  |   |           | Cancer ( Type: _               | )                   |         |                 |                    |               |
|  |   |           | Epilepsy or Seizures           |                     |         |                 |                    |               |
|  |   |           | Any other serious medic        | cal problems        |         |                 |                    |               |
| Mental Health History  |   |           |                                |                     |         |                 |                    |               |
| Family History (child, siblings, birth parents, uncle's/aunt's, cousins, grandparents) for any of the following: |   |           |                                |                     |         |                 |                    |               |

|  |   | Past (self) | Current(self) | Family Member |  |  |  |
|--|---|-------------|---------------|---------------|--|--|--|
|  | Abuse (sexual, physical, neglect)             |             |               | ,             |  |  |  |
|  | ADHD/ADD                                      |             |               |               |  |  |  |
|  | Anxiety/Panic/Phobias                         |             |               |               |  |  |  |
|  | Autistic Spectrum                             |             |               |               |  |  |  |
|  | Bipolar Disorder                              |             |               |               |  |  |  |
|  | Depression                                    |             |               |               |  |  |  |
|  | Eating Disorders                              |             |               |               |  |  |  |
|  | Explosive Temper                              |             |               |               |  |  |  |
|  | Learning Difficulties                         |             |               |               |  |  |  |
|  | Schizophrenia                                 |             |               |               |  |  |  |
|  | Sleep Disorders                               |             |               |               |  |  |  |
|  | Other emotional difficulties                  |             |               |               |  |  |  |
| Have y   | Have you ever seen a psychiatrist?   Yes   No |             |               |               |  |  |  |
|  |   |             |               |               |  |  |  |
| Have you ever been hospitalized for a psychiatric condition?   Yes   No If yes, When?  Please provide details:  Have you or any other family member ever been involved in therapy?   Yes   No If yes, when:  Issues Addressed. |   |             |               |               |  |  |  |
| Issues Addressed:  |   |             |               |               |  |  |  |
| Are you in treatment with another mental health provider at the current time:   Yes  No  |   |             |               |               |  |  |  |
| If yes,  | provide name and telephone number:            |             |               |               |  |  |  |
| If necessary, would other family member(s) be willing to attend therapy sessions?   Yes  No  |   |             |               |               |  |  |  |
| How di   | id you hear about us?                         |             |               |               |  |  |  |
| What a   | are your goals for Therapy?                   |             |               |               |  |  |  |
|  |   |             |               |               |  |  |  |
|  |   |             |               |               |  |  |  |
|  |   |             |               |               |  |  |  |
|  |   |             |               |               |  |  |  |
|  |   |             |               |               |  |  |  |