



Six Ingredient Chicken Casserole

This super easy 6-ingredient chicken and rice casserole recipe is loaded with protein and so quick to put together.

Ingredients:

- 1-6 oz pkg Uncle Ben's Long Grain Wild Rice
- 1 can Cream of Chicken Soup
- 1 can of Cream of Bacon Soup (Any "Cream of" you like!)
- 1 1/2 cans water (use soup can)
- 1 can Diced Tomatoes (drained)
- 1 1/2 lbs Boneless, Skinless Chicken Breasts or Thighs
- Morton's Kosher Salt and Freshly Ground Black Pepper (to taste)

PREP:

- Preheat oven to 350 degrees F
- Lightly grease a 9x13" baking dish with non-stick cooking spray

Instructions:

- Combine rice, soups, and water in baking dish and mix together.
- Add can of diced tomatoes.
- Place chicken on top of rice and season with salt and pepper.
- Cover the dish with aluminum foil and seal tightly.
- Keep the dish covered while baking for 1 hour and 30 minutes, or until rice has absorbed all the liquid.
- Serve and enjoy!



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