



REGISTER FOR CLASSES ONLINE: www.knollwood.org/exercising-faith/arts-and-hearts, or call 336-725-1343.

Introduction to Zentangles® *with Sylvia Marvelli*

THURSDAY • 6:30 - 8:00 PM

September 13 • November 1

Zentangle® is a method of using repeated strokes on paper to induce a meditative state. These strokes relax our focus and the patterns result in unexpected and beautiful expressions of art. There are no mistakes in Zentangles®. Come join us to discover your inner creativity and experience a renewed sense of well being.

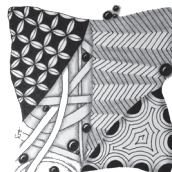
All materials will be provided.

Zentangle® Beyond the Basics *with Sylvia Marvelli*

THURSDAY • 6:30 - 8:00 PM

September 20 • November 15

If you have previously attended a Zentangle® workshop please join us to explore some new tangles and create beautiful images.



All materials will be provided.

Drawing on The Right Side of the Brain* with Bambi Setzer

for Senior Adults

MONDAY • 2 - 3:30 PM

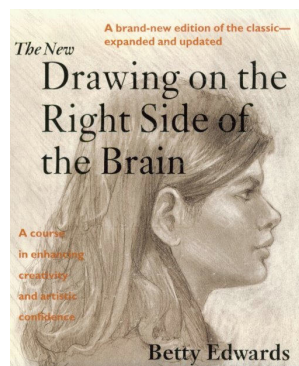
October 1, 8, 15, 22, 29

for Teens/Adults

MONDAY • 7 - 8:30 PM

October 1, 8, 15, 22, 29

Sign up for the full 5 weeks. Learn to train your brain to draw better!



***Please Order Online:**

The New Drawing On The Right Side Of The Brain by Betty Edwards

Please bring a 9 x 12 or 11 x 14 sketch book. Drawing pencils and erasers will be available. (You may also bring your own.)

Discover a new skill!

Kids' Lunch & Art *with Annie Kendall*

for K-2ND

SUNDAY • 12-1:30 PM

September 30

for 3RD-5TH

SUNDAY • 12-1:30 PM

October 21

Bring a bag lunch and come to the Arts & Hearts room for a Fall themed art project.



Vivid Colored Pencil Magic *with Ann Cooper*

THURSDAY 12:30 - 2:00 PM

October 4 • October 11



Come learn technique for getting smooth, vivid color from colored pencils.

First, you will learn and practice the technique then produce a small work of art with our Prismacolor pencils when attending both sessions.

All materials will be provided.

Classes are held in the Arts & Hearts room in the Wellness & Community Center, Bldg. D.