## Come and Connect at The Olney Centre

With free coffee and cake, or tea and biscuits

Drop in every Tuesday morning 10am -12noon

Everyone welcome

1<sup>st</sup> Tuesday of the month – supported by Ailsa's Aim who supply and deliver essential and personal care items to anyone who is diagnosed with cancer, and also to parents with babies in neonatal care.

**2**<sup>nd</sup> **Tuesday of the month** – supported by **Als Pals** who support cancer patients and their families in hospital and at home by providing emotional and practical support.

**3**<sup>rd</sup> **Tuesday of the month** – supported by **Social Prescribing** who support with signposting and accessing organisations and services that could benefit your current situation.

4<sup>th</sup> Tuesday of the month – supported by Cobbs Garden Surgery and Olney is Kind

**5**<sup>th</sup> **Tuesday of the month** – supported by **Girl Pack** who support the school and the community with free period products for those in need.