

Day 5: 10 Signs

They're Too Drunk

Alcohol misuse can have lethal consequences. If you witness an alcohol overdose, don't leave them to sleep it off - call for help, and stay with them until help arrives.

Know these signs of alcohol poisoning, even one can be fatal:

1. Mental Confusion
2. Unresponsiveness
3. Snoring/Gasping for Air
4. Throwing Up
5. Hypothermia
6. Erratic Breathing
7. Loss of Consciousness
8. Paleness/Blueness of Skin
9. Problems with Coordination
10. Slurred Speech

#BeTheLifeline

 WITH US

Upstander Week