

# Day 2: 10 Reasons

## People Don't Help

*When we're called to be Upstanders, pay close attention to these barriers that can hold us back:*

- 1. Diffusion of Responsibility:** When others are present, we assume someone else will take responsibility help.
- 2. Pluralistic Ignorance:** When others don't help, we assume it's because they don't perceive anything to be wrong.
- 3. Ambiguity:** When we're unable to recognize or diagnose a situation as potentially harmful or worthy of intervention.
- 4. Obedience to Authority:** When we comply with direction to not intervene and disregard our own intuition that something is wrong.
- 5. Position of Power:** When situational context and our social identities leave us powerless to intervene.
- 6. Social Loss:** When the thought of embarrassment or losing friends and social status holds us back from stepping in.
- 7. Physical Harm:** When intervening could result in physical injury or violence.
- 8. Legal Consequences:** When fear of legal liability or trouble with school, family, or friends keeps you from calling for help or reporting a problem.
- 9. Personal Obstacles:** When we don't feel confident in our ability to know what to do or say to intervene effectively.
- 10. Willful Neglect:** When we ignore or avoid a problem situation because it's inconvenient or we don't deem the potential victim as worthy of help.



Upstander Week

#BeTheLifeline