

 <h1>Tai Chi Australia</h1>	<h2>TAI CHI AUSTRALIA COVID Safe Plan</h2> <p>Plan completed by: Han Jin Song, Chief Instructor Date reviewed – 31 March 2022</p>
<p>Important Links COVID General - https://www.dhhs.vic.gov.au/coronavirus Current Restriction Levels https://www.health.vic.gov.au/covid-19/pandemic-order-register How to stay safe and well https://www.coronavirus.vic.gov.au/health-and-wellbeing Face Masks - https://www.coronavirus.vic.gov.au/face-masks-when-wear-face-mask</p>	<p>Contacts: https://www.taichiaustralia.com.au/ Phone: +61 3 9889 9999 Mobile: +61 415 993 399 Email: info@taichiaustralia.com.au</p>

Physical distancing	
Requirements	We will do this by:
<ul style="list-style-type: none"> Instructors, participants and visitors are 1.5 metres apart as much as possible. 	<ul style="list-style-type: none"> Modifying practice activities to ensure participants remain 1.5 metres apart where possible except when engaging in physical activity permitted by the Chief Health Officer directions Providing updates on our website with COVID distancing protocols. Minimising the number of people at practice sessions, by limiting attendance to the safe capacity of the venues. Only instructors and participants are permitted to practice.
Wear a face mask	
Requirements	<ul style="list-style-type: none"> All Instructors, participants and visitors must wear a face mask as per public health advice. Masks are not required while training. Updated public health advice on masks is available at: https://www.coronavirus.vic.gov.au/face-masks-when-wear-face-mask
Practice good hygiene	
Requirements	<ul style="list-style-type: none"> Sanitiser will be available at practice sessions and participants are encouraged to use it prior to beginning training. Any loan equipment will all be cleaned regularly. Sharing of equipment will be kept to a minimum and all equipment will be cleaned and disinfected between training sessions
Vaccination	
Requirements	<ul style="list-style-type: none"> TCA will abide by the policy of the venue where TCA classes are held. ALL Students are required to have received two doses of the COVID-19 vaccine.
Record Keeping and Notification	
Requirements	<ul style="list-style-type: none"> Records will be taken of attendance of all people who attend training for more than 15 minutes for contact tracing. This will be done via QR code and taking a roll of participants. All attendees are encouraged to get tested and stay home even if they only have mild symptoms. If an attendee has been notified by health authorities that they are a positive case or have been in close contact should NOT attend training sessions until they receive their test results or have completed their quarantine period and are cleared by Dep. Members are required to notify TAI CHI Australia via email - info@taichiaustralia.com.au or their instructor/s if they have been at training through a possible infectious period. Attendees cannot be present at training if displaying any COVID symptoms. If there is an outbreak: or if there has been an identified person with COVID 19 at training: The COVID officer will contact: <ul style="list-style-type: none"> Department of Health and notify the actions taken WorkSafe on 13 23 60 all instructors, who will undertake an additional clean of all equipment club members who were close contacts will be contacted The COVID officer will follow instructions provided by Dept of Health, which may include cancelling training More information can be found at: https://www.coronavirus.vic.gov.au/case-workplace
Activity Bubbles	
Requirements	<ul style="list-style-type: none"> All training and practice sessions (apart from warm up and cool down) will be restricted to their sections based on learning activities and will only practice with other teams when current restrictions allow. Cross club training will be limited as advice by the Chief Instructor