

Office: (434) 293-4072 Fax: (434) 293-4265 www.cvilleheart.com

Cardiology Testing Order Form

Patient Name:	DOB:	Height:	Weight:		BMI:	
Referring Physician:		Test Date:		Time:		
Does patient have medical insurance? Yes No	Primary Insura	mary Insurance		dary Insui	rance	
Preauthorization Information:						
Test Requested		Indications				
	☐ Chest Pa	in		urmur		
	☐ Shortness	☐ Shortness of Breath		☐ Aortic Valve Disorder		
	☐ Heart Fai	lure	☐ Mi	tral Valve	Disorder	
☐ Echocardiogram	☐ Near Syn	cope/Syncope	☐ Fe	ever		
	☐ Orthostat	ic Hypotension	□ P\	☐ PVC's		
	☐ TIA/Strok	е	☐ At	rial Fibrilla	ation/Flutter	
		ricular Hypertrophy			c Dysrhythmia	
	☐ Cardiomy	• •	☐ Pr	e-Chemo	therapy	
	☐ Coronary	Artery Disease	☐ Ot	her:		
	1					
Commonly Ordered Tests	☐ Chest Pa	in / Angina		d Myocar	dial Infarction	
Exercise Treadmill (EKG only)	☐ Shortness	s of Breath	☐ Pr	e-Op		
Exercise Nuclear Stress	☐ Heart Fai	lure	☐ Ot	her:		
☐ Exercise Echocardiogram	Coronary	Artery Disease				
Lexiscan Nuclear Stress	·	•	Testi	Testing physician reserves the right to do the medically appropriate test.		
Special Testing	☐ Abnorma	IEKG				
☐ Dobutamine Nuclear Stress	Syncope	/ Near Syncope				
☐ Dobutamine Stress Echo		, rtodi Cyrioopo				
Holton (24 hour to 5 day)	☐ Palpitatio		☐ Su	praventric	ular Tachycardia	
☐ Holter (24 hour to 5 day)	☐ Near Syn	cope/Syncope	☐ A\	/ Block		
☐ Zio Patch	Angina			BBB		
	Cardiomy	• •	_	BBB		
(Dotob)		rillation		adycardia		
(Faicii)	Atrial Flut	ter		-	nson-White	
	☐ PVC's		☐ Ca	ardiac Dy	srhythmia	
	☐ PAC's		☐ Ot	her:		

06/2012

Adam S. Goldberg, M.D.



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Test Instructions for Patients

Echocardiogram	
No preparations needed	

Regular Treadmill Stress Test		
What to wear?	Sneakers or tennis shoes with exercise pants or shorts.	
Should I take my medicines?	Do not discontinue any medications without checking with your doctor. Hold beta blocker (Metoprolol, Lopressor, Toprol, Tenormin, Atenolol, Propranolol, Cogard, Ziac, Pindolol, Carvedilol, Coreg), rate slowing calcium blocker (Cardizem, Tiazac, Cartia, Diltiazem, Verapamil, Verelan), and Theophylline or Theo Dur for 24 hours unless your blood pressure is over 160/100 or you have atrial fibrillation.	
Food/Drink?	Nothing 1 hour prior to testing, except water.	

Echo Stress Test		
What to wear?	Sneakers or tennis shoes with exercise pants or shorts.	
Should I take my medicines?	Do not discontinue any medications without checking with your doctor. Hold beta blocker (Metoprolol, Lopressor, Toprol, Tenormin, Atenolol, Propranolol, Cogard, Ziac, Pindolol, Carvedilol, Coreg), rate slowing calcium blocker (Cardizem, Tiazac, Cartia, Diltiazem, Verapamil, Verelan), and Theophylline or Theo Dur for 24 hours unless your blood pressure is over 160/100 or you have atrial fibrillation.	
Food/Drink?	Nothing 1 hour prior to testing, except water.	

Nuclear Stress Test		
What to wear?	Sneakers or tennis shoes with exercise pants or shorts.	
Should I take my medicines?	Do not discontinue any medications without checking with your doctor. Hold beta blocker (Metoprolol, Lopressor, Toprol, Tenormin, Atenolol, Propranolol, Cogard, Ziac, Pindolol, Carvedilol, Coreg), rate slowing calcium blocker (Cardizem, Tiazac, Cartia, Diltiazem, Verapamil, Verelan), and Theophylline or Theo Dur for 24 hours unless your blood pressure is over 160/100 or you have atrial fibrillation.	
Food/Drink?	No coffee, tea, soda with caffeine, decaffeinated products, or chocolate for 24 hours prior to test. No food four hours prior to testing. (Sips of water okay).	
If you have Diabetes	Check sugar in A.M. Have small amount of juice if blood sugar is below 80. Take half dose NPH insulin the night before Bring your insulin or pill with you to take after testing.	
Notes	Your Nuclear Stress Test may be a two-day test. The testing time for the second day, if necessary, will be determined after the first day is completed.	

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Questions? Call (434) 293-4072 between 8:00 AM - 5:00 PM, Monday through Friday