

# Sample Vaccination Reminders For Your Adult Patients

Following are examples of vaccination reminder messages that can be sent to your adult patients using email, text or your EHR. **Remember to end your message with: “Please contact us as soon as possible to schedule an appointment.”**

## GENERAL REMINDER ABOUT VACCINATIONS

*Subject: Are You Protected Against Vaccine-Preventable Diseases*

### SAMPLE #1:

Our records show you may require one or more vaccines. Vaccines are recommended for adults to prevent serious diseases like the flu and pneumonia. Vaccines can also help prevent the spread of diseases to others—especially those who are most vulnerable to serious complications. Help protect yourself, your family and your community.

### SAMPLE #2:

Our records show you may need a recommended vaccine. Vaccines not only protect the person being vaccinated, but also help prevent the spread of diseases to others—especially those who are most vulnerable to serious complications like young children, older people, and people with chronic conditions or weakened immune systems.

### SAMPLE #3:

Our records show you may need one or more recommended vaccinations. If you're not up to date with your vaccines, you're vulnerable to a number of serious and potentially deadly diseases.

### SAMPLE #4:

Vaccines are recommended by the Centers for Disease Control and Prevention (CDC) and this office to protect adults from potentially deadly diseases.

### SAMPLE #5:

Vaccines aren't just for children. Adults are also vulnerable to serious and potentially deadly vaccine-preventable diseases. Help protect yourself and your loved ones from disease by getting vaccinated.

## FLU VACCINE REMINDERS

### SAMPLE #1:

*Subject: The best way to prevent the flu*  
Flu is a serious disease that can lead to hospitalization and even death. A yearly flu vaccine is recommended for everyone older than 6 months.

### SAMPLE #2:

*Subject: Are You at Risk for Serious Complications from Flu?*  
A yearly flu vaccine is recommended for everyone older than 6 months. However, certain people are at higher risk of serious complications if they get the flu including people 65 years and older; children younger than 5 years, but especially those younger than 2 years; pregnant women; people with certain health conditions such as asthma, chronic obstructive pulmonary disease (COPD), diabetes or heart disease; and people living in facilities like nursing homes.

## FLU VACCINE REMINDERS FOR PREGNANT PATIENTS

*Subject: Pregnant Women are at Risk of for Serious Complications from the Flu*

Our records show you may need a vaccination. The flu is a serious illness, especially when you are pregnant. Even if you are generally healthy, changes in immune, heart, and lung functions during pregnancy make you more likely to get severely ill from the flu. Pregnant women who get the flu are at higher risk of hospitalization, and even death, than non-pregnant women. Severe illness during your pregnancy can also be dangerous to your developing baby because it increases the chance for significant problems, such as premature labor and delivery. The CDC and this office recommend you get the flu shot to protect yourself and your baby from the flu.

