

**CARING for children,
SERVING families,
TRANSFORMING our community**

2020 Annual Report

A young child with dark, curly hair and a bright smile is the central focus of the image. The child is wearing a white t-shirt with orange heart patterns. The background is a soft-focus indoor setting with a wooden crate and a white shelf. A semi-transparent white box with a faint heart pattern is overlaid on the right side of the image, containing the text.

Our Mission:

LifeSpring demonstrates the love of Jesus Christ by providing a pediatric clinic with exemplary medical staff and innovative services that embrace the whole child, serve their family, and transform the health of our community.

Letter from LifeSpring's Executive Director and Board Chair:

The year 2020 will be remembered as one of the most challenging times in recent history. The ravages of COVID-19 included unprecedented numbers of coronavirus cases, hospitalizations, and deaths, not to mention the economic impact, stress, and 'covid fatigue' experienced by all. Through these challenges, the Lord provided LifeSpring Community Health with the opportunity to 'stand in the gap' as a beacon of hope for health and preventive care for children and their families in urban Chattanooga.

Through the efforts of a faithful and skilled medical team, LifeSpring participated in a citywide effort to provide COVID-19 community testing while continuing to deliver pediatric healthcare to children. In 2021 we began to administer COVID vaccinations in our community.

In Hamilton County, 22% of children live in poverty. The impact of poverty on their health and wellbeing during this 'COVID' time became even more striking than before this pandemic. We are grateful that in these times, LifeSpring was able to keep its doors open to serve. Of note, 89% of LifeSpring patients struggle with financial security, and 25% of patients seen in 2020 were uninsured.

By God's grace through the generosity of our donors, we provided affordable healthcare for these families in 2020. It has been a privilege to demonstrate the love of Jesus by providing exemplary healthcare and services to combat the devastating impact of COVID-19. We remain grateful for the prayer, volunteer, and financial support of all our donors.

The health disparities that exist in Hamilton County have never been more clearly identified than during the COVID-19 pandemic. A disproportionate number of African American and Hispanic/Latino children and their parents are affected with higher prevalence rates of obesity, physical inactivity, elevated blood pressure, and pre-diabetes, all of which are linked to an increased risk of COVID-19 infections. These rates are two to three times greater than among Caucasian and higher socioeconomic children.

Therefore, as we move into 2021, increasing the capacity of LifeSpring is imperative to address these health disparities among children of color and those who live in poverty, as well as to serve any family who desires compassionate healthcare for their children.

May God grant you grace and peace as we work together to carry out our mission to share the love of Christ in word and deed.

Dr. Michele Pickett and Dr. Greg Heath

Clinic Services



3,994

Patient appointments



2,364

Current LifeSpring patients



2401

COVID tests given



800

Flu Shots given



5

Languages spoken by our patients



0-5 years - 32%

6-10 years - 32%

11-21 years - 36%



TennCare (Medicaid) - 64%

Uninsured - 25%

Private Insurance - 11%



Hispanic - 47%

African American - 26%

White/ Non Hispanic - 20%

Other - 7%

Our Care Team

2 Pediatricians,

3 Nurse Practitioners,

3 Registered Nurses,

1 Medical Assistant,

2 Community Health

Workers (CHWs), &

1 Community Outreach

Intern



Outreach Services



**Top 5 Resources
Requested by our Patients:**

5

Get Going

- Flexible 6-month program in the community
- Educates & supports families in reaching health-related goals in the areas of nutrition, weight management, and physical activity
- 22 families participated in 2020

Asthma

- LifeSpring Asthma Education Program helps eligible patient families to receive education and free hypoallergenic supplies in their homes

1. Income/Employment

- Referred 51 families to community job resources

2. Education

- Connected 14 patients with 61 tutoring sessions (\$3,250 value)
- Assisted 10 families in getting free EPB internet in their homes
- Connected families with local after school tutoring programs & Virtual Learning Centers

3. Food

- Distributed 40 Salvation Army food boxes
- Assisted 16 families in signing up for Pandemic-EBT
- Distributed 30 produce boxes
- Distributed \$200 in vouchers for families to purchase food at YMCA Mobile Markets

4. Transportation

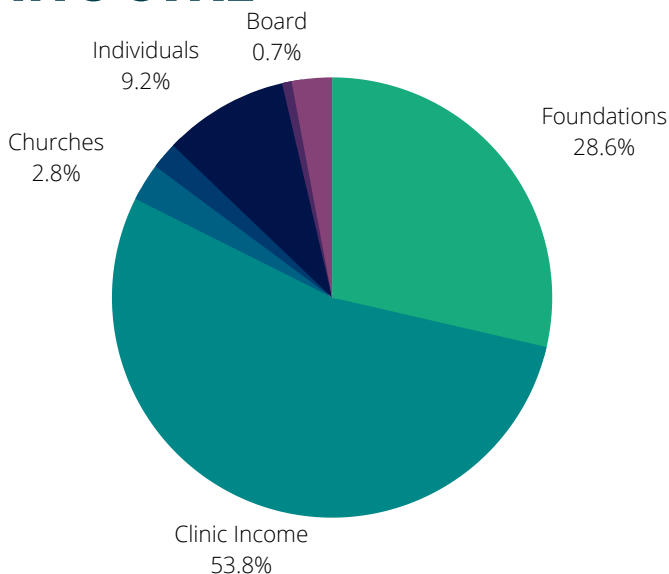
- Provided 94 Uber Health rides for families to appointments at LifeSpring & other medical offices (\$2,502 value)
- Educated eligible families about free transportation to medical appointments through TennCare

5. Child Care

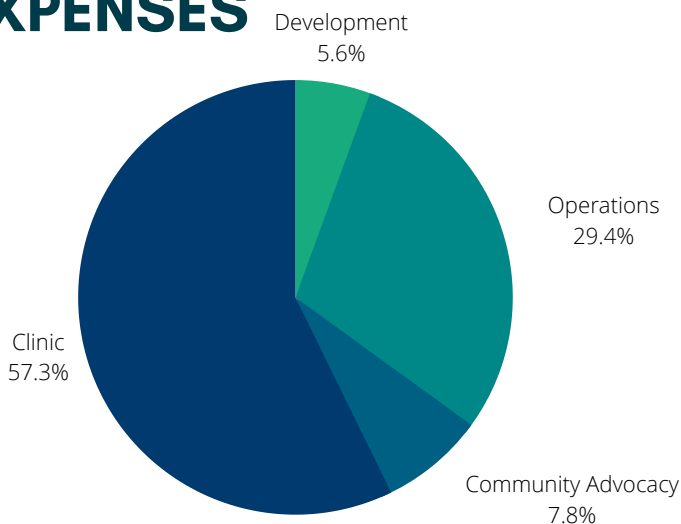
- Connected families to Head Start
- Assisted families in applying to Smart Steps Child Care Assistance

FINANCIAL OVERVIEW

INCOME



EXPENSES



Total Revenue and Support:

\$995,060

Thank you to our donors!

Thank you for your support. We can not say thank you enough. What a year it has been. No one has been unaffected by the pandemic and numerous other tragedies of 2020. We are so grateful to have been able to stay open and provide a unique kind of healthcare to our community. As a frontline ministry, we were privileged to stand in the gap to provide for those negatively impacted. We strive to continue our mission of demonstrating the love of Jesus Christ through our pediatric clinic and community outreach. We know that these opportunities are possible through God's provision through the contributions we receive from generous donors like you. We thank you again for supporting us as we seek to transform the health of our Chattanooga community—body and soul.



Board of Directors:

Board Chair

Dr. Greg Heath

Treasurer

Pam Dratnol

Secretary

Heidi Hoffecker

Kamilla Boerema

Bengt Carlson

Betsy Morton



Lifespring
COMMUNITY HEALTH

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**From our family to yours, we want to thank you for your steadfast love
and support of Lifespring. We hope to hear from you this year!**