



Job Title: Hope in Balance Yoga Instructor

Fostering Hope is a local non-profit that enriches the lives of children living in residential treatment and foster care. Founded in 2013, Fostering Hope provides services to OhioGuidestone, Beech Brook, Bellefaire, Applewood and Cuyahoga County Children and Family Services. Visit www.FosteringHopeOhio.org for more information.

Hours: Part-time (1-2 classes a week) weekday afternoon availability required

Location: Berea, Ohio

Salary: per class

Supervisor: Hope in Balance Coordinator

Job Responsibilities:

- Teach weekly trauma informed yoga classes to clients in residential treatment facilities
- Provide occasional summaries of classes to Hope in Balance Coordinator
- Participate in occasional continuing education classes and meetings

Qualifications & Skills Needed:

- Bachelor's Degree preferred
- RYT-200 minimum required
- Trauma informed yoga training or familiarity with residential treatment population required
- Able to think on feet and adjust to client needs