



Oct. 31, 2023

## **SRMC Ostomy Support Group To Meet November 6**

Salem Regional Medical Center's Ostomy Support Group will meet on Monday, November 6 for area residents with ostomies and their caregivers. The group will meet from 4-5 p.m. in SRMC's Private Dining Room, located at the back of the cafeteria on the hospital's ground floor.

SRMC's free Ostomy Support Group offers education, encouragement and emotional support for people with any type of ostomy (and their caregivers), including those with permanent or temporary urostomies; ileostomies and colostomies.

Meetings also address some of the common concerns faced by people with ostomies, such as skin care; pouching; activity and nutrition. Sessions are led by SRMC's certified wound, ostomy and continence nurse, and there is no cost to participate.

Pre-registration for the Ostomy Support Group meeting is requested. To register or for questions, call Tashia Watkins, RN, BSN, CWOCN, at 330-332-7607