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Mammograms: Early Detection Matters



**Linda Camp,
M.D., FACS**

Getting an annual mammogram is one of the best tools a woman has in the fight against breast cancer.

“Regular mammograms are essential for women to protect their health and detect breast cancer at its earliest stage, when treatment is most effective,” said Linda Camp, M.D., FACS, Board Certified Plastic & Reconstructive Surgeon and Director of Salem Regional Medical Center’s (SRMC) Breast Cancer Care Program.

“When diagnosed early through mammograms, women are less likely to need aggressive treatments like surgery to remove the entire breast and chemotherapy, and are more likely to be cured,” Dr. Camp said.

Dr. Camp provides leadership for SRMC’s multidisciplinary breast cancer committee, as well as consultative and surgical services to breast cancer patients at the University Hospitals Seidman Cancer Center at SRMC. With one in eight women facing a breast cancer diagnosis, she encourages every woman to make getting screened a priority.

Annual mammograms are recommended for most women beginning at age 40. A mammogram is a low-dose x-ray examination of the breast that can detect tumors that are too small to be felt, often before symptoms develop. Those at a high risk for breast cancer should get a breast MRI and mammogram every year, typically starting at age 30.

According to the American Cancer Society, 99% of women will survive breast cancer when it’s detected before it spreads.

“The majority of those diagnosed with breast cancer have no family history of the disease, making it important that all women have a screening mammogram each year,” she added. “Women should also know how their breasts normally look and feel and report any changes, like a new lump or mass, to their doctor right away.”

Advanced Screening and Diagnosis

SRMC offers state-of-the-art 3D mammography, which can detect up to 40% more invasive cancers than a traditional mammogram. This level of detail enhances the ability

to quickly and accurately identify early cancers, especially in women with dense breasts and fibrocystic breast disease, where tumors are more difficult to find.

Schedule or Walk-In

3D mammograms can be scheduled at SRMC's main campus and the SRMC Imaging Center at Firestone Farms in Columbiana, which are accredited by the American College of Radiology – the gold standard for the highest level of image quality and safety.

Walk-in hours for screening mammograms are available at SRMC's Columbiana location from 9 a.m. – 3 p.m. on Tuesdays and Wednesdays, no appointment needed.

The SRMC Medical Imaging Center is located at 116 Carriage Drive in Columbiana. To schedule a mammogram, call 330-332-7300.