



The main channel entrance to the harbour and ferry slip are areas with a high volume of vessel traffic and should not be used for swimming.

Wild Swimming Safety Tips:



Chose your swimming spot carefully.



Never swim alone.



Wear a brightly coloured swim hat and take a tow float with you.



Always have a means for calling for help.



If in doubt, don't go out.



A wetsuit will keep you warmer and make you more buoyant.



Carry a floating dry bag with a mobile phone in a waterproof case so you can call for help.



Know your limits.



BE SAFE, BE SEEN!



Avoid swans, especially during nesting season.



Plan your swim and check the forecast.



Call <u>999</u> or <u>112</u> and ask for the Coastguard in an emergency.

BE SAFE IN OPEN WATER

Thank you for your cooperation.

Tarbert (Loch Fyne) Harbour Authority



