

The background is a vibrant, abstract composition of geometric shapes. It features two large, symmetrical chevron-like structures pointing upwards, composed of nested triangles in shades of blue, green, yellow, red, pink, and dark blue. The text is centered over this pattern.

MIL MILAGROS

A THOUSAND MIRACLES



**Mil Milagros equips
mothers and teachers
with skills and
resources to improve
the lives of children
and families in rural
Guatemala.**

Mission

Our Story

Mil Milagros is aligned with the United Nations' Sustainable Development Goals which provide a shared global framework to achieve a better and more sustainable future for all.

The Goals include no poverty, zero hunger, good health and well-being, quality education, gender equality, and clean water and sanitation. In 2008, Mil Milagros launched our pilot nutrition program, serving 200 children in two schools in rural communities in Guatemala. Today, nearly 5,000 children and their families have benefited from Mil Milagros' four core programs: early childhood development; nutrition; health and hygiene; and education and literacy.

A hungry child cannot focus.

An unfocused child cannot learn.

A child who cannot learn cannot succeed.

We're breaking the cycle.

Strong evidence shows that providing better nutrition within the critical window of a woman's pregnancy through her child's second birthday could break the cycle of poverty, save millions of lives, and increase a country's gross domestic product by at least 2 to 3 percent annually.

As reported by the World Bank Group, "when compared to a stunted child, a well-nourished child completes more years of schooling, learns better, and earns higher wages in adulthood, thereby increasing the odds that he or she will escape a life of poverty."*

*"Reaching the Global Target to Reduce Stunting: How Much Will It Cost and How Can We Pay for It?"

1,300

**mothers &
grandmothers
trained**

4,770

**children
served**



A New Cycle

Strengthening communities by equipping mothers and teachers with skills and resources.

By engaging and training women, change not only happens, it grows, creating a brighter future for generations to come.

The mother-child relationship is a force that mobilizes a community to transform itself. We drive this change by educating mothers and grandmothers to promote early childhood development, prevent malnutrition and improve nutrition, health and hygiene.

One thousand three hundred mothers and grandmothers are the keys to Mil Milagros' success. We work with our partner schools to organize boards of mother and grandmother leaders in each community. We train these leaders, and they, in turn, train their peers.

Empowering women and
eliminating gender discrimination
produces a double dividend.
Healthy, educated and empowered
women have healthy, educated
and confident daughters and sons.

— UNICEF



A Global Model

Proven in Guatemala.
Applicable in impoverished rural
communities across the globe.





Honestly, we have seen big changes. The children used to be severely malnourished. It was obvious when you saw them. But now they are growing and they are so much happier. Thank you, Mil Milagros, for bringing this program to our community.

— Aracely, grandmother

Our Programs

Early Childhood Development

Pregnant women and young children receive nutritional supplements, and mothers participate in bi-weekly workshops to learn about nutrition, health and hygiene, child development and parenting.

A photograph of a smiling woman with dark hair, wearing a black shirt, holding a young child in a traditional woven sling. The child is wearing a pink and white outfit. They are standing in front of a brick wall with several posters or notices pinned to it. The scene is dimly lit, with light coming from a window or opening in the background.

50% reduction

in rate of malnutrition and stunting
in pilot program



Our Programs

Nutrition

More than 1,300 mother and grandmother volunteers have been trained to prepare nourishing meals to feed hundreds of children every school day with food Mil Milagros purchases from local vendors.

More than
1,000,000
meals served to date



Our Programs


Health & Hygiene

Student council leaders and mothers and grandmothers help promote healthy hygiene practices and public health campaigns, and we provide essential supplies, including toothbrushes, toothpaste, soap, toilet paper, deworming medications, lice shampoo, and access to clean water.

In a country where 98% of the water supply is contaminated,

100% of our students

have access to clean drinking water at school

A photograph of a classroom in a rural setting. A female teacher stands on the right, facing a group of students seated at green metal desks. The students, mostly children, are focused on their workbooks. The classroom walls are decorated with colorful posters and drawings. A window with pink curtains is visible on the right. The overall atmosphere is one of a dedicated learning environment.

Our Programs Education

We strive to ensure that every child graduates from sixth grade able to read, write, and comprehend, and is prepared to continue their education. We also provide teachers with training, classroom materials, and books.

Compared to a regional graduation rate of 51%,

97% of our sixth graders
have graduated since 2010

Strategic Partnerships

In addition to significantly increasing student attendance and school performance, and providing women with knowledge and leadership skills, we leverage strategic partnerships to address other community needs that complement our core early childhood development, nutrition, health and hygiene, and education programs.

2 NEW SCHOOLS BUILT

3 SCHOOL KITCHENS BUILT

12 SCHOOL BATHROOMS BUILT

23 NEW HOMES BUILT

91 FAMILIES PROVIDED WITH WATER

161 TEACHERS SUPPORTED





**41,700
LIVES
CHANGED.**

TOGETHER, WE CAN
CHANGE MORE.



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