South Austin

512.659.6740 toddpilates.com/south

50% OFF Intro Deals for New Customers! 10-Class Pack \$69.50 \$139 30-Day Pass \$75 \$150 20-Class Pack \$119.50 \$239

Monday	Tuesday	Wednesday	Thursday	Friday	
Barre	Pilates Mat	Pilates & Barre	Pilates Mat	Barre	
5:45am - 6:30am	6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am	
Instructor: Doug	Instructor: Shaina	Instructor: Sara	Instructor: Roger	Instructor: Staci	
	Barefoot Bootcamp 7:00am - 7:45am Instructor: Mary	Pilates Mat 7:00am - 7:45am Instructor: Shaina			
		Barefoot Bootcamp 8:30am - 9:20am Instructor: Mary		Pilates Mat 8:30am - 9:30am Instructor: Mary	
Pilates Mat	F.I.X.	Pilates/Barre/Yoga	Pilates/Barre/Yoga	F.I.X.	
9:45am - 10:45am	9:45am - 10:45am	9:45am - 10:45am	9:45am - 10:45am	9:45am - 10:35am	
Instructor: Mary	Instructor: Holly	Instructor: Holly	Instructor: Holly	Instructor: Holly	
Pilates/Barre/Yoga	Pilates Mat	Pilates Mat	Pilates Mat	Barre	
11:00am - 12:00pm	11:00am - 12:00pm	11:00am - 12:00pm	11:00am - 12:00pm	11:15am - 12:00pm	
Instructors: Kara	Instructor: Todd	Instructor: Shaina	Instructor: Todd	Instructor: Doug	
Pilates Mat	Pilates Mat	Pilates Mat	Pilates Mat	Pilates Mat	
12:15pm - 1:15pm	12:15pm - 1:00pm	12:15pm - 1:15pm	12:15pm - 1:00pm	12:15pm - 1:15pm	
Instructor: Todd	Instructor: Roger	Instructor: Todd	Instructor: Nikki	Instructor: Kara	
FIRST CLASS \$5					
Barre	Pilates Mat	Barre	Pilates Mat	Pilates/Barre/Yoga	
5:00pm - 5:45pm	5:00pm - 5:45pm	5:00pm - 5:45pm	5:00pm - 5:45pm	4:45pm - 5:45pm	
Instructor: Doug	Instructor: Roger	Instructor: Nikki	Instructor: Sara	Instructor: Todd & Doug	
Pilates Mat	Barre	Pilates Mat	Pilates/Barre/Yoga	Pilates Mat	
6:00pm - 7:00pm	6:00pm - 6:45pm	6:00pm - 7:00pm	6:00pm - 7:00pm	6:00pm - 7:00pm	
Instructor: Todd	Instructor: Doug	Instructor: Nikki	Instructor: Eve	Instructor: Todd	
Pilates Mat	Pilates/Barre/Yoga	Pilates Mat	Hip-Hop Barre		
7:15pm - 8:00pm	7:00pm - 8:00pm	7:15pm - 8:00pm	7:15 - 8:15pm		
Instructor: Todd	Instructor: Todd	Instructor: Todd	Instructor: Holly		



Saturday	Sunday		
Pilates Mat	Pilates Mat		
8:30am - 9:30am	8:30am - 9:15am		
Instructor: Todd	Instructor: Mary		
Pilates Mat	Pilates Mat		
10:00am - 11:00am	9:45am - 10:45am		
Instructor: Todd	Instructor: Mary		
Pilates Mat	Pilates Mat		
11:15am - 12:00pm	11:00am - 12:00pm		
Instructor: Nikki	Instructor: Roger		
Pilates & Barre	Barre		
12:15pm - 1:15pm	12:15pm - 1:15pm		
Instructor: Kara	Instructor: Holly		
Pilates Mat	Barefoot Bootcamp		
1:30pm - 2:30pm	1:30pm - 2:20pm		
Instructor: Shaina	Instructor: Holly/Mary		
	Yoga 2:45pm - 3:45pm Instructor: Liz/ Shannen		

Second Deals Available Up To 20% OFF!

5-Class Pack \$65 \$79
10-Class Pack \$109 \$139
15-Class Pack \$155 \$196
20-Class Pack \$189 \$239
40-Class Pack \$349 \$438
50-Class Pack \$399 \$499
30-Day Pass \$112 \$150

For the most up-to-date schedule visit **toddpilates.com**North Austin and Round Rock schedules also available at toddpilates.com