

# Every Beat

Life Rhythms of the Psalms



JULY 7-9, 2018



# Provision

This week we're learning how God provides for us and how through His provisions we can be freed from want.

## WATCH THE VIDEO

### [NorthlandChurch.net/Studies](https://NorthlandChurch.net/Studies)

Afterward have someone read the discussion questions in the "Hear God's Story" section and start the conversation.



## Share Your Story

Begin by praying together. This should be a brief, simple prayer in which you invite God to give you insight as you study. You can pray for specific requests at the end of your time together or stop momentarily to pray if a particular situation comes up during your discussion.

***Then begin your time together by discussing the following questions.***

- How do you handle situations in life in which you don't have enough provisions (physical, emotional, spiritual, etc.) to get you through your needs?
- When did you have a need that someone else met?
- What makes it hard to ask for help when you have needs?

## Hear God's Story, and Create a New Story

### READ PSALM 23 & MATTHEW 6:25-34

- What are some of the physical provisions these Scriptures show us God will provide for us?
- What are some of the emotional provisions these Scriptures reveal?
- What are some of the areas in life in which you feel things are lacking?
- How could God's provisions meet those needs?
- How do God's physical provisions meet your emotional needs?
- How do you tell the difference between your wants or desires and the actual needs in your life?
- What are some of the things these passages tell us we need to provide for ourselves? Which provisions from God described in these passages do you tend to think of as your own responsibility?
- How could your group or community help you begin to look to God, instead of yourself, to meet those needs?

***Give each person an opportunity to share prayer requests.***

## Find Your Story in God's Story

If you feel God is nudging you to go deeper, take some time between now and our next discussion to dig into His Word. Explore the Bible passages related to this session's theme on your own, jotting your reflections in a journal or in this study guide. Want to go deeper? Select a few verses, and try paraphrasing them, writing them in your own words. If you'd like, share them with the group the next time you meet.

**Throughout Scripture, God is revealed to be our provider. In times of feast and famine, God reminds His people that it is out of His unending abundance that He is always able to meet our needs. When Jesus established the church, part of what He taught us was that God's abundance doesn't end with meeting our needs. God's abundance is so great that we're also able – and even commissioned – to go and give freely of ourselves to meet the needs of the people around us. And in doing so, we model the love and generosity of God.**

### READ PHILIPPIANS 4:4-7

- During both times of want and times of plenty, how are we called to respond to God?
- How should we approach anxiety when it seems as if our needs are bigger than our provisions?
- How does God's peace help us face down big needs or scary challenges?

### READ 2 CORINTHIANS 9:6-15

- Where is God providing for you in such a way that you're equipped to go and provide for others?
- Who are some of the specific people you can meet the needs of, whether those needs are physical, emotional or spiritual?
- How can your group or community band together to more fully meet the needs of the broader community around you?

**Looking for more questions and reflections so you can keep digging deeper? There's even more to this week's study available on Northland's apps or at [NorthlandChurch.net/Studies](https://NorthlandChurch.net/Studies).**