

# Every Beat

Life Rhythms of the Psalms



OCTOBER 6-8, 2018



# Protector

This week we're learning how God is our protector and how far He's willing and able to go to protect us.

## WATCH THE VIDEO

[NorthlandChurch.net/Studies](https://NorthlandChurch.net/Studies)

Afterward have someone read the discussion questions in the "Hear God's Story" section and start the conversation.



## Share Your Story

Begin by praying together. This should be a brief, simple prayer in which you invite God to give you insight as you study. You can pray for specific requests at the end of your time together or stop momentarily to pray if a particular situation comes up during your discussion.

***Then begin your time together by discussing the following questions.***

- What's a situation you've been in when the problems you were facing were too big to tackle on your own?
- When have you seen someone step in and offer physical, emotional, financial, spiritual or other protection for someone else in need?

## Hear God's Story, and Create a New Story

### READ PSALM 121 (NIV) & EPHESIANS 6:10-18 (NIV)

- According to Psalm 121, what are the situations in which God is our protector? Are there situations when God isn't able to protect you?
- What are the tools and resources God has provided for our protection, according to Ephesians 6?
- What's a specific time you've known God was bringing you help and protection?
- How does it affect your day-to-day life knowing God's with you and aware of the situations you're going through?
- How does it affect your day-to-day life being reminded of the ways God has provided protection in Ephesians?
- Which components of the armor of God have you really leaned into and embraced? Which do you need to embrace more so you can better understand God's protection?
- What are some ways in which prayer is an important part of God's protection?

***Give each person an opportunity to share prayer requests.***

## Find Your Story in God's Story

If you feel God is nudging you to go deeper, take some time between now and our next discussion to dig into His Word. Explore the Bible passages related to this session's theme on your own, jotting your reflections in a journal or in this study guide. Want to go deeper? Select a few verses, and try paraphrasing them, writing them in your own words. If you'd like, share them with the group the next time you meet.

**Throughout the Bible, in the Old and New Testaments, we see God bring about protection for His people. And time and time again, we see God's protection come about in unexpected forms: The people of Israel found freedom from Egypt when God parted a sea and led them to freedom. God spared Noah and his family by having Noah build a giant ark before the flood. God protected us from the consequences of our sin by sending Jesus to die an atoning death on the cross so we could be forgiven and restored into the fullness of life and relationship with God. God has shown time and time again that even in the face of the most difficult circumstances, God is still fully capable of protecting us and providing for our needs.**

### READ 2 SAMUEL 22:3 (NIV)

- Where do you need God's refuge and protection in your life right now?
- Who needs to hear the story of God's rescue in your life so they can better understand and embrace God's promises in their own lives?
- According to John 3, God sent Jesus to die on the cross to save us from our sin. How far is God willing to go to protect you and rescue you in your life right now?

### READ JOHN 10:27-29 (NLT)

- What promise is Jesus making about our life and salvation?
- Who is more powerful than God? How does that impact these passages we've studied about God's ability to protect us?
- What confidence can we have knowing that no one – including us – can compromise God's goodness, rescue, provision or protection in our lives?

**This week's study is also available on Northland's apps or at [NorthlandChurch.net/Studies](https://NorthlandChurch.net/Studies).**