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A WESTCHESTER VIRTUAL SPEAKER SERIES

WEDNESDAY, JUNE 1 7–8:30 PM

Michelle Icard

Author, CNN parenting writer, TODAY Show parenting team

Michelle Icard is a speaker, author, and educator who helps kids, parents, and teachers navigate the complicated social world of early adolescence. Her latest book, *Fourteen Talks by Age Fourteen* guides readers through the fourteen essential conversations parents need to have with their kids before they start high school. Her first book, *Middle School Makeover: Improving the Way You and Your Child Experience the Middle School Years*, is a primer for the social and emotional changes parents and kids navigate when mid-life meets middle school under one roof. She is currently writing her third book for Penguin Random House: *The Ten Failures That Can Make Your Child A Success.*

The Essential Parenting Conversations – And How to Have Them

Based on her most recent book, *Fourteen Talks by Age Fourteen*, Michelle will guide parents of tweens and teens past their fears around covering "the important stuff", and into a more confident position that will allow meaningful conversations where their kids actually engage. In addition to learning general Dos and Don'ts for communicating successfully with increasingly resistant adolescents, Michelle will get into the specifics of what parents need to know on important topics like: Becoming Independent, Keeping Creativity Alive, Taking Care of Yourself, Living with Technology, and Helping Others.

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