

BARBARA TABERER
PROGRAM DIRECTOR

SENIOR PROGRAMS @ VAN TASSELL HOUSE - (914-)232-0807
SCHEDULE OF EVENTS—JULY 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><u>MEDICAL TRANSPORT</u> <u>AVAILABLE 10:00-3:00</u> <u>TUES/ WED/ THURS</u> <u>\$10.00 ROUND TRIP</u></p>	<p><u>PLEASE ADVISE STAFF OF ANY FOOD ALLERGIES YOU MAY HAVE</u> <u>\$ 3.00 DONATION PER MEAL.</u> <u>SHOPPING BUS \$2.00 DONATION</u></p>	<p>INCLEMENT WEATHER TUNE YOUR RADIO TO WHUD 100.7 FM FOR INFO ON NUTRITION SITE CLOSINGS</p>	<p>1) <u>MEDICAL TRANSPORT</u> 12:00- LUNCH 12:30-BRIDGE 12:30- B.I.N.G.O</p>	<p><u>NO LUNCH</u> <u>NO EXERCISE</u></p>
<p>5) <u>***** CLOSED*****</u></p>	<p>6) <u>MEDICAL TRANSPORT</u> <u>10:00-BRIDGE</u> <u>10:30-LINE DANCING</u> <u>12:00-LUNCH / LIBRARY</u> <u>12:30-B.I.N.G.O.</u></p>	<p>7) <u>MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00- * HAPPY CHEF*</u> <u>12:30-MAH JONG</u></p>	<p>8) <u>MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- LUNCH</u> <u>12:30- BRIDGE</u> <u>12:30-B.I.N.G.O.</u> <u>12:30-1:30-CHAIR YOGA</u></p>	<p>9) <u>STEW LEONARDS</u> <u>11:45- LUNCH</u> <u>12:30-SEATED EXERCISE</u></p>
<p>12) <u>DANBURY MALL</u> <u>10:45- SEATED EXERCISE</u> <u>12:00- LUNCH</u> <u>12:30-CANASTA</u></p>	<p>13) <u>MEDICAL TRANSPORT</u> <u>10:00-BRIDGE</u> <u>10:30-LINE DANCING</u> <u>12:00-LUNCH</u> <u>12:30-B.I.N.G.O.</u></p>	<p>14) <u>MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>*BLOOD PRESSURE WITH ELLIE*</u> <u>12:00-LUNCH</u> <u>12:30—MAH JONG</u></p>	<p>15) <u>MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00-LUNCH /B.I.N.G.O</u> <u>12:30- BRIDGE</u> <u>12:30- 1:30 CHAIR YOGA</u></p>	<p>16) <u>SHOPRITE</u> <u>11:45- -LUNCH</u> <u>12:30-SEATED EXERCISE</u></p>
<p>19) <u>WALMART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH</u> <u>12:30-CANASTA</u></p>	<p>20) <u>MEDICAL TRANSIT</u> <u>10:00-BRIDGE</u> <u>10:30-LINE DANCING</u> <u>12:00-LUNCH / LIBRARY</u> <u>12:30-B.I.N.G.O</u></p>	<p>21) <u>MEDICAL TRANSIT</u> <u>10:00-ART</u> <u>10:45-SEATED EXERCISE</u> <u>12:00-LUNCH</u> <u>12:30-MAH JONG</u></p>	<p>22) <u>MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00- HAPPY CHEF/ BINGO</u> <u>12:30-BRIDGE</u> <u>12:30-1:30- CHAIR YOGA</u></p>	<p>23) <u>DECCICOS</u> <u>11:45-- LUNCH</u> <u>12:30- SEATED EXERCISE</u></p>
<p>26) <u>XMAS TREE STORE</u> <u>10:45- SEATED EXERCISE</u> <u>12:00-HAPPY CHEF</u> <u>12:30-CANASTA</u></p>	<p>27) <u>MEDICAL TRANSPORT</u> <u>10:00-BRIDGE</u> <u>10:30-LINE DANCING</u> <u>12:00-LUNCH /12:30 B.I.N.G.O.</u></p>	<p>28) <u>MEDICAL TRANSPORT</u> <u>10:00-ART</u> <u>10:45- SEATED EXERCISE</u> <u>12:00-LUNCH / 12:30 MAH JONG</u></p>	<p>29) <u>MEDICAL TRANSPORT</u> <u>10:30- LINE DANCING</u> <u>12:00-LUNCH/ B.I.N.G.O</u> <u>12:30- BRIDGE</u> <u>12:30-1:30- CHAIR YOGA</u></p>	<p>30) <u>TRADER JOES</u> <u>11:45- LUNCH</u> <u>12:30- SEATED EXERCISE</u></p>