

SOMERS NUTRITION CENTER



MONDAY 1/4/21

CHICKEN FRANCESE
BUTTERED ORZO
CARROTS
MULTIGRAIN BREAD
PINEAPPLE CHUNKS

TUESDAY 1/5/21



MANICOTTI
THREE BEAN SALAD
BROCCOLI FLORETS
ITALIAN BREAD
OATMEAL COOKIES

WEDNESDAY 1/6/21



SALMON BURGER
LENTIL PILAF
MIXED VEGETABLES
RYE BREAD
FRUIT

THURSDAY 1/7/21



ROAST TURKEY
CAULIFLOWER
SWEET POTATO
DINNER ROLL
FRUIT

FRIDAY 1/1/21

CLOSED !!!



FRIDAY 1/8/21

BEEF STEW
MASHED POTATOES
PEAS & CARROTS
WHOLE WHEAT BREAD
FRUIT

COLD MEAL

CHICKEN SALAD
MACARONI SALAD
DINNER ROLL
PEARS

MONDAY 1/11/21

KNOCKWURST W/SAUERKRAUT
BAKED BEANS
MIXED VEGETABLES
HOT DOG ROLL
MANDARIN ORANGES

TUESDAY 1/12/21

STUFFED SHELLS
BROCCOLI FLORETS
TOSSED SALAD W/CHICKPEAS
ITALIAN BREAD
PINEAPPLE CHUNKS

WEDNESDAY 1/13/21

ROAST TURKEY W/GRAVY
MUSHROOM STUFFING
CREAMED SPINACH
RYE BREAD
FRUIT

THURSDAY 1/14/21

BREADED PORK CHOP
MASHED SWEET POTATOES
GREEN BEANS
DINNER ROLL
VANILLA PUDDING

FRIDAY 1/15/21

CRISPY BAKED FISH
BUTTERED CARROTS
CORN
WHOLE WHEAT BREAD
FRUIT

COLD MEAL

TURKEY & CHEESE SANDWICH
POTATO SALAD
ROLL
SHORTBREAD COOKIES

MONDAY 1/18/21

CLOSED !!!

MARTIN LUTHER KING, JR DAY

TUESDAY 1/19/21

MACARONI & CHEESE
SPINACH
STEWED TOMATOES
MULTIGRAIN BREAD
FRUIT

WEDNESDAY 1/20/21

CRISPY BAKED CHICKEN
RICE PILAF
COLLARD GREENS
DINNER ROLL
COCONUT CAKE

THURSDAY 1/21/21

LEMON BUTTER SOLE
LENTIL PILAF
GLAZED CARROTS
PUMPERNICKEL BREAD
FRUIT

FRIDAY 1/22/21

ITALIAN MEATBALLS
SPAGHETTI W/TOMATO SAUCE
BROCCOLI FLORETS
ITALIAN BREAD
MANDARIN ORANGES

COLD MEAL

EGG SALAD
CUCUMBER SALAD
ROLL
FRUIT

MONDAY 1/25/21

SALISBURY STEAK
MASHED POTATOES
MIXED VEGETABLES
MUTLIGRAIN BREAD
FRUIT

TUESDAY 1/26/21

HERB ROASTED CHICKEN
SWEET POTATO
GREEN BEANS
DINNER ROLL
TAPIOCA PUDDING

WEDNESDAY 1/27/21

QUICHE LORRAINE
BUTTERED BROWN RICE
STEWED TOMATOES
RYE BREAD
FRUIT COCKTAIL

THURSDAY 1/28/21

BEEF STEW
BUTTERED NOODLES
CARROTS
WHOLE WHEAT BREAD
CAKE

FRIDAY 1/29/21

STUFFED SHELLS
SPINACH W/GARLIC
TOSSED SALAD W/CHICKPEAS
ITALIAN BREAD
PINEAPPLE CHUNKS

COLD MEAL

TUNA SALAD
BEET SALAD
ROLL
COOKIES

* Milk served daily

**Menus subject to change without notice.

IF YOU HAVE A FOOD ALLERGY, PLEASE CONTACT THE OFFICE.

232-0807