

Advanced Integrative EMDR And Play Therapy

Austin, Texas | 19 CEs | In-person

Cost: \$550 includes four days of training, all experiential art supplies, & welcome dinner

This four-day in-person intensive at The Workshop in Austin, Texas, is an opportunity to do a creative deep dive into working with complex child and teen cases using play therapy, expressive arts and EMDR processing in a congruent and integrative way. We will combine teaching with experiential learning to push the boundaries of your expertise!

[Click to Register Here](#)

Dates for 2023

January 23rd, 2:00pm - 5:00pm

Welcome Dinner 5:00pm - 7:00pm

January 24th, 9:00am - 4:00pm

January 25th, 9:00am - 4:00pm

January 26th, 9:00am - 3:30pm

Day 1: Jan 23rd, 2:00pm - 5:00pm Welcome Dinner 5:00pm - 7:00pm

Description: Putting attachment theory into action in the playroom in the preparation phase.

- Describe at least three aspects of combining an in-depth attachment history with unfolding narratives and dynamics within play therapy sessions to assess for early attachment wounds and disruptions.
- Utilize animal archetypes to identify 8 adaptation strategies children use to cope with complex trauma and explore ways to employ these in the playroom as part of an extended preparation phase.

Day 2: Jan 24th, 9:00am - 4:00pm

Description: Integrative attachment repair with children and parents using storytelling, expressive arts, somato-sensory play and titrated EMDR processing.

- Utilize 3 mentalization questions and corresponding attachment repair interventions with caregivers in the play therapy room.
- Analyze themes of play to amplify and suggest metaphors for gradually approaching traumatic material as a way of assessing the attachment and pre-verbal trauma targets.
 - Utilize 5 play therapy interventions which apply polyvagal theory and therapeutic presence in the playroom to activate the conditions for the interoception of safety during preparation phase.
 - Utilize a play-based EMDR storytelling method within a play therapy context to heal attachment wounds and preverbal traumas.

Apply the EMDR storytelling and Clay Little Me protocols in practice sessions.



Day 3: Jan 25th, 9:00am - 4:00 pm

Description: Use a dynamic, movement-intensive approach to apply dissociation theory and “parts work” in support of preparation and EMDR processing and construct interweaves for fragmented parts of self.

- Apply a screening interview to evaluate children for dissociation in the play therapy room.
- Demonstrate how to use dissociation theory to educate parents about problematic behaviors.
- Distinguish self-states and use developmentally appropriate ego- state language through play with a Dissociation Doll.
- Integrate somatic and sensory resources to decrease dissociative episodes in and out of the play room during desensitization and reprocessing phases of EMDR.
- Demonstrate a play therapy conference table intervention and practice identifying different types of emotional parts/roles, and initiate internal cooperation in sand tray.

Day 4: Jan 26th, 9:00am - 3:30pm

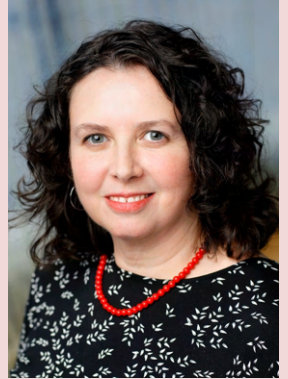
Description: A deep dive into the protective parts of self and using effective strategies with hostile and perpetrator parts, incorporating parents for support in and out of the EMDR processing sessions and as interweaves We will analyze videos and transcripts of young children and teens.

- Apply the principles of curiosity and gradual exposure to allow dissociative parts of self to emerge during preparation for EMDR.
- Describe 2 strategies to work effectively with angry and hostile self-states to resolve traumatic experiences and reduce violent behaviors.
- Describe examples of engaging with protective parts to cooperate with and support the processing of the wounds of younger parts.
- Utilize parent psychoeducation and coaching to support their highly dissociative children and engage hostile parts.



Presenters

Ann Beckley-Forest, LCSW, RPT-S, is a Licensed Clinical Social Worker in private practice in Buffalo, New York, and co-founder of Playful EMDR, an online hub for training and consultation in treating trauma-exposed children. Her specialties include attachment and child and adolescent trauma, and she also works with adult survivors. She is certified in EMDR and is an EMDR Approved Consultant and Trainer and a faculty member of the Child Trauma Institute, as well as a Registered Play Therapist and Supervisor and Approved Provider of play therapy continuing education through the Association for Play Therapy. She provides consultation in person and remotely, and gives trainings across the US and internationally. Her primary interest is in the intersection of play therapy and EMDR and has published on this topic including as contributor and co-editor of *EMDR with Children in the Play Therapy Room: An Integrated Approach* (2020).



Email: ann.beckleyforest@gmail.com

Website: www.annbeckleyforest.com, playfulemdr.com

Annie Monaco, LCSW-R, RPT, is a New York State Licensed Clinical Social Worker, Registered Play Therapist and a faculty member of the Child Trauma Institute & Trauma Institute and of University at Buffalo School of Social Work. Annie travels throughout the US and internationally providing a multitude of trauma-informed trainings and agency and therapist consultation. Annie is an EMDRIA approved trainer of EMDR, Progressive Counting and STAR (Strategies for Trauma Awareness and Resiliency). Annie also provides specialty trainings on attachment, dissociation, and EMDR with Teenagers and with younger children. Annie was a Director of Restorative Justice programs at a non-profit agency where she oversaw juvenile and adult offender programs for over 10 years. Ms. Monaco has extensive experience and training in teens, family therapy and working with the juvenile justice population. Presently her private practice includes a multitude of behaviors and issues including foster care, out of country adoptions, juvenile justice and dissociation. Annie is the co-editor and contributor of chapters for *EMDR with Children in the Play Therapy Room, An Integrated Approach* (2020).



Email : monaco.training.center@gmail.com

Website : www.annimonaco.com, www.playfulemdr.com

Continuing Education Hours

CE-Classes.com is approved for 24 CEs by:

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- This course is NOT available for NBCC credit
- This training does not offer ASWB ACE credit to social workers.
- Florida Certification Board
- The Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #852 BAP-Expires 3/31/2023
- The California Board of Behavioral Sciences. The California Board of Behavioral Sciences, BBS, recognizes relevant course work/training that has been approved by nationally recognized certifying bodies, such as APA, to satisfy renewal requirements.
- California Consortium of Addiction Programs and Professionals (CCAPP) Provider Number OS-12-147-0223 Expires 02-2023
- The Texas Board of Social Work Examiners – CE-Classes.com meets the requirements for acceptable continuing education
- The Texas Board of Professional Counselors – CE-Classes.com meets the requirements for acceptable continuing education
- Massachusetts Authorization Number: (TBD)
- Ohio Counselor, Social Worker and Marriage and Family Therapist Board – Provider # RCST031201
- New York Social Work Board – CE-Classes.com is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0120.
- The Florida Board of Nursing (CE Provider #:50-4896) Expires 10/31/2024 Do not send certificates to the Florida Board of Nursing. You must keep this certificate for 4 years.
- The California Board of Registered Nursing. CEP 15647 Expires 11/30/2022.
- Ann Beckley-Forest is APT approved provider 15-406. 19 contact CEs for Play Therapists available. Play therapy credit will not be offered to non-mental health professionals.
- EMDRIA Credit Approval Number: #18007-56

Certificates are awarded online after completion of the workshop. Participants print their own certificate after registering at CE-Classes.com, entering a keycode, and completing an evaluation form. Licensed Professionals should contact their regulatory board to determine course approval

Location

In depth and **in person** training. Limited enrollment of **24 people** in a ideal creative training space

Address:

The Workshop
300 Allen St.
Austin, TX 78702



ADA Accommodations

If you require any support for your ADA needs, please contact at least 3 weeks prior to the event at playfulemdr@gmail.com
Please write "EMDR and Play Therapy" in the subject line of the email.

Cost

\$550 includes four days of training, all experiential art supplies, & welcome dinner

Cancellation

No refunds after the starts of the program. There will be a \$100 fee for those cancelling 10 or fewer days prior to the start of the workshop.

Customer Service

We are happy to respond to any concerns or questions you may have. Please contact playfulemdr@gmail.com
Please write "EMDR and Play Therapy" in the subject line of the email.

There is no known commercial support for this program.
Potential conflict of interest: The presenters helped develop and are investors in the "Allmee" dissociation therapy doll which is mentioned during this training.