

# EMDR Therapy Training

The Complete Course, including the required consultation

Dec through March 2023-24

SABBATH DAYS OBSERVED

Live Online Virtual Training via Zoom

See below for dates and times EST (NY)

All dates mandatory. Payment plan available.

Early bird : Oct 10th, 2023

Last date for registration : November 1st, 2023

Presented by

**TRAUMA INSTITUTE &  
CHILD TRAUMA INSTITUTE**



Ricky Greenwald, PsyD, Executive Director

EMDRIA Approved

55 Contact Hours, 50 CEs

Limited to 35 participants

Trainers: Annie Monaco, LCSW-R

Ann Beckley-Forest, LCSW- R

For therapists working with all  
ages, both kids and adults

## Questions?

Contact Annie Monaco at (716) 289-2037  
or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Why EMDR?

EMDR is an evidence-based practice as listed by SAMHSA.

The American Psychiatric Association, the International Society for Traumatic Stress Studies, the US Department of Veterans Affairs

and Department of Defense designated EMDR as a treatment of choice for Post Traumatic Stress.

90% of mental health clients have experienced multiple traumas in their life.

## How is this program different from other EMDR trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and features:

- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 55 contact hours over several months to support mastery; 50 CEs
- Two full pre-EMDR days on trauma treatment approach and interventions.
- Small group breakouts
- Instructor to participant ratio of at least 1:10.
- Text book and other materials included.
- Competitive cost. Follow-up group consultation sessions included.
- Attachment, Dissociation, and Child Modules included

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, and part of the learning is to practice the interventions with other participants.

## Who may attend?

EMDR Therapy training is open to master level mental health professionals who are licensed (certified or registered) by their state for independent practice and have a caseload

to practice the therapy while in the course. This training is also open to mental health professionals on a licensure track, with a letter of support from their supervisor.

## Trainers



Annie and Ann are the co-editors and chapter contributors of the book *EMDR and Children in the Play Therapy Room: An Integrated Approach*.

Annie Monaco, LCSW, RPT, is an EMDR Instructor, Consultant and faculty member of TI/CTI. Annie travels extensively throughout the US and internationally providing a multitude of trauma-informed trainings and specializes in dissociation, foster care, out of country adoption and offenders.



Ann Beckley-Forest, LCSW-R, RPT-S

Ann Beckley-Forest's is and EMDR Instructor, Consultant and faculty member of TI/CTI. Her specialties include attachment and child and adolescent trauma. She is a registered play therapist and supervisor and approved provider of play therapy continuing education.



Lisa Prefontaine, MS, LMHC

Lisa Prefontaine LMHC is an Instructor, Consultant of TI/CTI. Her therapeutic specialties include EMDR, DBT, Co-occurring disorders, Perinatal disorders, Sensorimotor Psychotherapy, Ego State/Parts work, Complex Trauma, and Brainspotting.

## What will I learn?

Participants will be able to:

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a session that is not going smoothly.
- Use EMDR with a wide range of clients whose presenting problems are in some way related to trauma and/or loss.
- Integrate EMDR into a comprehensive trauma-informed treatment approach.

## Continuing Education Credit

CE information for all professional disciplines can be found at <https://www.annimonaco.com/trainings/emdr-trainings>.

Trauma Institute & Child Trauma Institute are an approved provider for Psychologists, LPC's, LMFT, SW, LCATS and Psychoanalysts.

## LIVE Online Training

Dates and Times - All times EST (NY)

### 2023

December 12th & 13th, 2023	10:00am-6:00pm
December 14th, 2023	10:00am-2:00pm

### 2024

January 17th & 18th, 2024	10:00am-6:00pm
January 19th, 2024	10:00am-2:00pm
January 22nd & 23rd, 2024	10:00am-6:00pm
February 26th, 2024	10:00am-2:00pm
March 4th, 11th & 18th, 2024	10:00am-2:00pm

All dates and pre-reading are mandatory. A caseload is required. Pre-approval by Annie is necessary.

## Cost

Early Bird Rate, until October 10th, 2023: \$1,525

Regular Rate, after October 10th, 2023: \$1,725

Final Day to Register is November 21st, 2023

CE credits are included in the price of this course for licensed registrants.

A payment plan is available. Please contact Annie Monaco for details: [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com)

## Registration

Register online at <https://www.annimonaco.com/trainings/training-categories>. Approval from Annie Monaco required prior to registration: (716) 289-2037 or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Textbooks

Greenwald, R. (2007). *EMDR Within A Phase Model Of Trauma-Informed Treatment*. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition*. NY: Guilford. (Not included)