

# EMDR Therapy Training

The Complete Course, including the required consultation

July through Nov 2023

Live Online Virtual Training via Zoom

See below for dates and times EST (NY)

All dates mandatory. Payment plan available.

Early bird : June 25th, 2023

Last date for registration : June 30th, 2023

Presented by

TRAUMA INSTITUTE &  
CHILD TRAUMA INSTITUTE



Ricky Greenwald, PsyD, Executive Director

EMDRIA Approved  
55 Contact Hours, 50 CEs  
Limited to 50 participants

Trainers: Annie Monaco, LCSW-R  
Ann Beckley-Forest, LCSW-R  
Lisa Prefontaine, LMHC  
Lindsay Farrar, LMCS

For therapists working with all  
ages, both kids and adults

## Questions?

Contact Annie Monaco at (716) 289-2037  
or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Why EMDR?

EMDR is an evidence-based practice as listed by SAMHSA.

The American Psychiatric Association, the International Society for Traumatic Stress Studies, the US Department of Veterans Affairs

and Department of Defense designated EMDR as a treatment of choice for Post Traumatic Stress.

90% of mental health clients have experienced multiple traumas in their life.

## How is this program different from other EMDR trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and features:

- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 55 contact hours over several months to support mastery; 50 CEs
- Two full pre-EMDR days on trauma treatment approach and interventions.
- Small group breakouts
- Instructor to participant ratio of at least 1:10.
- Text book and other materials included.
- Competitive cost. Follow-up group consultation sessions included.
- Attachment, Dissociation, and Child Modules included

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, and part of the learning is to practice the interventions with other participants.

## Who may attend?

EMDR Therapy training is open to master level mental health professionals who are licensed (certified or registered) by their state for independent practice and have a caseload

to practice the therapy while in the course. This training is also open to mental health professionals on a licensure track, with a letter of support from their supervisor.

## Trainers



Annie and Ann are the co-editors and chapter contributors of the book *EMDR and Children in the Play Therapy Room: An Integrated Approach*.

**Annie Monaco, LCSW, RPT**, is an EMDR Instructor, Consultant and faculty member of TI/CTI. Annie travels extensively throughout the US and internationally providing a multitude of trauma-informed trainings and specializes in dissociation, foster care, out of country adoption and offenders.



**Ann Beckley-Forest, LCSW-R, RPT-S** is an EMDR Instructor, Consultant and faculty member of TI/CTI. Her specialties include attachment and child and adolescent trauma. She is a registered play therapist and supervisor and approved provider of play therapy continuing education.



**Lisa Prefontaine, MS, LMHC** is an Instructor, Consultant of TI/CTI. Her therapeutic specialties include EMDR, DBT, Co-occurring disorders, Perinatal disorders, Sensorimotor Psychotherapy, Ego State/Parts work, Complex Trauma, and Brainspotting.



**Lindsay Farrar, LMCS** is a writer, researcher, and counselor whose career focuses on inclusive community building and education, including roles in private practice, higher education, and non-profit leadership. Currently, Lindsay also serves as a faculty instructor, consultant, and psychotherapist at TI/CTI.

## What will I learn?

Participants will be able to:

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a session that is not going smoothly.
- Use EMDR with a wide range of clients whose presenting problems are in some way related to trauma and/or loss.
- Integrate EMDR into a comprehensive trauma-informed treatment approach.

## Continuing Education Credit

CE information for all professional disciplines can be found at <https://www.annimonaco.com/trainings/emdr-trainings>.

Trauma Institute & Child Trauma Institute are an approved provider for Psychologists, LPC's, LMFT, SW, LCATS and Psychoanalysts.

## LIVE Online Training

Dates and Times - All times EST (NY)

July 19th & 20th, 2023	10:00am-6:00pm
July 21st, 2023	10:00am-2:00pm
September 7th, 8th, 11th & 12th, 2023	10:00am-6:00pm
September 13th, 2023	10:00am-2:00pm
October 19th, 2023	10:00am-2:00pm
November 2nd, 9th & 16th, 2023	10:00am-2:00pm

All dates and pre-reading are mandatory. A caseload is required. Pre-approval by Annie is necessary.

## Cost

Early Bird Rate, until June 25th, 2023: \$1,525

Regular Rate, after June 25th, 2023: \$1,725

Final Day to Register is June 30th, 2023

*CE credits are included in the price of this course for licensed registrants.*

*A payment plan is available. Please contact Annie Monaco for details:*

*[monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com)*

## Registration

Register online at <https://www.annimonaco.com/trainings/training-categories>. Approval from Annie Monaco required prior to registration: (716) 289-2037 or [monaco.training.center@gmail.com](mailto:monaco.training.center@gmail.com).

## Textbooks

Greenwald, R. (2007). *EMDR Within A Phase Model Of Trauma-Informed Treatment*. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition*. NY: Guilford. (Not included)