

# Alive Home

A Continuum based body (and life) exploration.



## Alive Home...

### **A four week virtual Continuum series.**

In this series we will feel, engage, know, and let ourselves be moved by our bodies of home.

We will play, explore, sound, and listen, finding our way into the depths of being-alive.

Join us!

**When:** May 6,13,20,27  
9:00am-11am MDT

**Where:** In the comfort of your own home or wherever you choose to be, but wrapped in our mutual field together.

### ***Zoom link will be given after registration.***

\$64 for the series if paid before first class.

\$20 per class for drop ins

(must be arranged at least 48hrs before each class)

**Register by May 1st  
at [myfluidnature.com](https://myfluidnature.com)**

*\*If you are new to Continuum please reach out to touch base before registering.*