

DRAGON RESONANCE ~ PRIMEVAL POWERS OF CREATION

An online class with Sabine Mead
4 week session, Tuesdays 12 -2:30pm EST, April 20 & 27; May 4 & 11



The Dragon body of Gaia is awakening. We may feel this resonance through the planetary field and inside our own bodies. It is the primeval power of creation, a movement of consciousness. Over the ages, humyns have shifted away from the earth as central to our cosmology, moving up and out into heaven. Science and western civilization further objectified the earth through logic and reason. Now, we are living the results of this collective mindset.

All creatures, all forms, share an elemental configuration and atomic essence, the benevolent spark of life force. The Dragon is a chimera, a creature that combines features of many different species, embodying and mirroring the many dimensions of reality within us, our magical selves, a being balancing the creative and destructive forces of life. Over millennium, the Dragon mythos was used to generate fear of one's primeval potency as a creative being of Gaia. In the realm of the Dragon, we expand our sensibilities and capacities, returning our "other worldly" nature here, to this world. Gaia, the soul of the earth, calls us to remember her nature as our own. Evolution is continuous metamorphosis, respecting the balance of life and death and the gift of being embodied. This class is an exploration of our Dragon Resonance, our powers of imagination, of the life spark that burns in all beings, of our embodiment as manifestations of Gaia. We will dive into the Dragon mythos and focus on the four elemental Dragons.

We will embody Dragon, and harvest the wisdom waiting in fire, in winged flight, in the language of making and unmaking.

Continuum is an embodied, experiential inquiry using self-directed movement, sound, breath, attention and felt sensation as guides into the living library of our humyn organism. Each class will explore content, Q & A, an experiential dive and a sharing of our experience. All classes are on Zoom, recorded and downloaded to Dropbox.

Tuition: Supporter ~\$140
Sustainer ~\$170
Service~ Gift Economy

To register, contact Sabine at resonantbody@me.com