

# SUSAN HARPER

## CONTINUUM AND BODY OF RELATING

MAY 19-21, 2020 RIGMOR HOUSE CHAPEL HILL, NC

In Continuum exploratory 'dives', we transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that is soulful, subtle and dynamic.



Build somatic resources: a capacity for meta-sensuality liquid presence, grounded embodiment, and creative imagination. In Awareness we melt and restore in spacious Silence.

Susan Harper opens a multi-dimensional inquiry into our spiritual, somatic, creative human capacity. She offers in-depth Continuum practices, and innovative ways of perceiving and relating.

Our bodies and psyches are continually being shaped in an interdependent web of relations in nature and culture. Perceptual movement explorations create a strong, flexible and perceptive body/psyche as we meet, orient and respond to an ever-changing world.

In this training, we inquire into the ways in which we see, listen, move, and touch. "How" we perceive affects our physical structure, our psychological profile, and our capacity for intimacy. Attention is brought to our interoceptive sensations, and the ways we uniquely experience, and make sense of our experience.

In partner work we develop the art of inquiry, witnessing, somatic resonance, and relational dialogue. Skills to feel, identify, process, and communicate needs and emotions are developed.

SUSAN HARPER teaches internationally and has been contributing to the development of Continuum since 1975. Her Body of Relating work is inspired by Lama Drimed with whom she teaches regularly, the perceptual movement work of Hubert Godard, the discoveries of Chris Price - Gestalt Awareness Practice, as well as inspiration from Stephen Harrod Buhner, John O'Donohue, David Whyte, and Michael Meade.



LOCATION: THE RIGMOR HOUSE 5501 Hwy 54 West Chapel Hill, North Carolina 27516

TUITION 3 Days: \$375. Accommodations for 2 nights: Private room: \$140, Couch in balcony: \$70, Camping: \$50.

TO RESERVE a space in this training: \$150 non-refundable registration fee payable to: Rebecca Lawson

SEND TO: 912 Damascus Church Road, Chapel Hill, NC 27516 Or register online at [www.evolvingtherapies.com](http://www.evolvingtherapies.com)

CANCELLATION POLICY: All payments non-refundable after April 1, 2020.

CONTACT Rebecca at: [rebecca.amislawson@gmail.com](mailto:rebecca.amislawson@gmail.com) 919 932-7548 [www.evolvingtherapies.com](http://www.evolvingtherapies.com)

WORKSHOP TIMES: 10:30-6pm Bring a lunch.

FOR MORE DETAILED INFORMATION ABOUT SUSAN HARPER EVENTS VISIT: [CONTINUUMMONTAGE.COM](http://CONTINUUMMONTAGE.COM)