

# TAILGATE SAFETY



The FGI believes it is important to always put safety first. Our **Tailgate Safety Program** is a safety training resource for construction and other high hazard industries. Print out and conduct training right from your tailgate on the job site, or in a formal meeting at your office.

**Safety training for the job site & the office!**

**Summertime Safety - Safety is NO Accident - 08/02/2019 - Mark Rose of Plastatech**

## STAY HYDRATED THIS SUMMER

The summer heat can have a severe affect on an employees body. Prompt treatment of heat-related illnesses with aggressive fluid replacement and cooling of core body temperature is critical to reducing illness and preventing death.



## BEE AWARE OF INSECTS

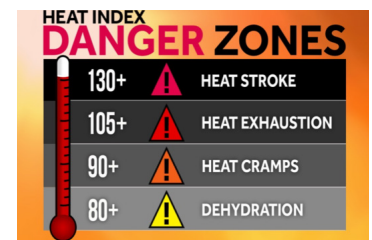
Besides the issues of dealing with the summer heat, we must also be aware of biting and stinging insects. There is an estimated 220,000 annual visits to the emergency room due to sings from hornets, wasps, and bees. If you're inside, avoid keeping doors open to prevent insects from entering the facility.



## HEAT INDEX DANGER ZONES

Be safe this summer by educating yourself on the signs of heat-related illnesses like heat exhaustion, and heat/sun stroke. Symptoms include excessive or no sweat, cramps, headache, dizziness, nausea, vomiting, rapid heartbeat, and shallow/rapid breathing.

Know the temperature & take precautions to avoid overheating.



**Safety tips are presented monthly by FGI members & industry experts.**

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