

# TAE KWON-DO



**FREE** FIRST CLASS

Gift certificate

**Fitness & Fun**

**Self Defence**

**Self Confidence**

**Balance**

**Flexibility**

**Coordination**



**HED TKD**

LADIES

GENTS

CHILDREN

FAMILIES

**0333 006 2921**

[www.hedtkd.com](http://www.hedtkd.com)

## Reading

Rivermead Primary School, Loddon Bridge Rd, Woodley, Reading, RG5 4BS

Mondays:	Children & Families; starting 6.00 pm	Adults; starting 7:00 pm
Thursdays:	Children & Families; starting 6:00 pm	Adults; starting 7:00 pm

Also Bognor Regis, Guildford, Kingston, Woking, Worthing, Fleet, Bracknell, Erith, Maidenhead & others. Please just come along anytime. No need to call or book !

Just come along anytime,

No need to book.

wear comfortable clothing & bring water for refreshment,

Please feel free to come along to any one of our classes for a free session. Bearer is entitled to two FREE session per person at any one of our clubs (*only once per person & not with other offers*). T's & C's apply.

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