

# TAE KWON-DO

**FREE** FIRST CLASS

Gift certificate

**Fitness & Fun**

**Self Defence**

**Self Confidence**

**Balance**

**Flexibility**

**Coordination**



## Fleet Club

Elvetham Heath Community Centre, The Key, Fleet, GU51 1HA

Sundays: Children & Families (beginners) 09:30am / Green belt & above 10:15am, (intermediate) 10:45am; - Adults 11:30am  
Thursdays: Children & Families (beginners) 4.30pm / Green belt & above) 5:15pm; (intermediate) 6:15pm; - Adults 7:15pm

### Bracknell

Garth Hill College, Bull lane, Bracknell

Wed: Starting 6:30pm

Friday: Starting 6:30pm

Also in Guildford, Woking & other towns

visit [www.hedtkd.com](http://www.hedtkd.com)

### Reading

Rivermead Primary Sch, Loddon Bridge Rd, Woodley, Rdg

Mon: Children 6:00 pm: Adults 7:30pm

Thurs: Children 6:00 pm: Adults 7:30 pm



LADIES

GENTS

CHILDREN

FAMILIES

0845 310 5783

[www.hedtkd.com](http://www.hedtkd.com)

Just come along anytime, No need to book. Please wear appropriate comfortable clothing & bring water for refreshment.

Please feel free to come along to any one of our classes for a free session. Bearer is entitled to one FREE session per person at any one of our clubs & only on one occasion. Conditions apply.