



CLUB SAFETY PLAN (Version: April 8, 2022)

Before you leave home/school/work:

HEALTH: If you have a runny nose, cough, sore throat etc. stay home. If any student appears ill, on arrival or in class, they will be sent back home. Refer to the BC self-assessment tool for more details.

PREPARATION: Arrive in your uniform, where possible. Change rooms are one person/family at a time.

HYGIENE: Use the bathroom before arriving at the club to reduce the need during practice. Make sure your hands, feet and uniform are clean.

KARATE BAG: Students should arrive wearing their bag, freeing their hands to sanitize at the door: A karate bag should contain a full water bottle as well as sparring equipment for juniors and up.

Arrival

CAR PARKING: Arrive no more than 5 minutes early. For safety, cars must be parked before students get out. Use parking spots farther away from club entrance to reduce congestion (see parking map for spaces). PLEASE DO NOT BLOCK THE TURNAROUND AREA.

MASKS: Are not required, but may be worn if desired.

WAITING OUTSIDE: Line-up down the walkway. Samurai students please wait with a parent/guardian.

ENTERING THE CLUB: An instructor will check you into the club at the entrance. Immediately upon entry, apply hand sanitizer. Find a number to put your shoes and coat at in the corridor.

BC VACCINE CARD AND ID: In accordance with the current Provincial Health Order (Not currently required).

SPECTATORS: Spectators welcome in the lobby viewing area. Please be aware of the amount of other spectators to avoid overcrowding.

PARENTS CONTACT: Non-spectating parents should be available by cell if an instructor needs to call during a class.

LATE ARRIVALS: Please avoid arriving late to reduce class disruptions.

ENTERING THE DOJO: Bow at the dojo entrance and put your training bag by your number. Water bottles (and masks, if not being worn) stay inside the bag. Sit in the dojo, quietly chatting to your classmates!

Practice

WHEN TRAINING: Follow the instructors, train hard, be friendly and enjoy your karate lesson!

CONTACT: Physical distancing does not need to be maintained on or off the field of play.

BATHROOM BREAKS: All students must put on footwear when leaving the dojo floor, especially going to the bathroom. Students are expected to wash hands thoroughly and leave the bathroom in a clean condition.

Leaving

FINISHING CLASS: All Juniors, Teens & Adults classes dismissed 5 minutes early to allow students more time & space to leave, plus provide instructors longer time to sanitize the dojo between classes.

IN THE LOBBY: Bow and exit the dojo, put on shoes, apply sanitizer as you leave.

LEAVING THE CLUB: Samurai members **must** be picked up by a parent or guardian at the club door.

PARKING LOT: For safety, students must only board stationary cars that are parked in a stall.