

## **2024 TIMETABLE**

Timetable is subject to change and class content details will be added later.

	TUESDAY 23rd JULY 2024			
	Studio 1	Studio 2	Studio 6	
9:00 - 10:00	IN THE THEATRE Nick Allen The prevention & Treatment of Dance Injuries.			
10:30 - 11:30	Anna Morgan – Ballet 'Connecting technique and creativity in junior/intermediate dancers'How to nurture your young dancers to build strong foundations in their technique whilst also developing their creativity and agency.	Dane Bates - Contemporary	Joseph Prouse – Musical Theatre A Fun Musical Theatre dance routine, incorporating character and style combining lots of different elements from a vast range of different shows.	
12:00 - 13:00	Anna Morgan – Ballet 'Planning exciting Ballet classes for junior/intermediate dancers' How to create aims and objectives for your Ballet classes, and design class activities to achieve these whilst engaging and motivating young dancers.	Dane Bates - Contemporary	Joseph Prouse - Musical Theatre A Fun Musical Theatre dance routine, incorporating character and style combining lots of different elements from a vast range of different shows.	
13:00 - 14:00	LUNCH			
14:00 - 15:00	<b>Michela Meazza</b> New Adventures Workshop - Edward Scissorhands.	Phillip Joel – Jazz A jazz/technique/routine class aimed at intermediate students.	<b>Gavin Eden - Lyrical</b> A follow along warm up with a small character based creative moment from his own lyrical style.	
15:30 - 16:30	<b>Eve Knights - Language of Dance</b> Introduction to the use of Symbols as a Choreographic Tool.	Phillip Joel – Jazz A college audition jazz class – with pointers of what they would be looking for from students in an audition.	<b>Gavin Eden - Lyrical</b> A follow along warm up with a small character based creative moment from his own lyrical style.	
19:30	Trip to see Hamilton at Birmingham Hippodrome. Order your tickets now!			

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	WEDNESDAY 24rd JULY 2024				
	Studio 1	Studio 2	Studio 6		
9:00 - 10:00	George Hill - Classical Ballet Pirouette Progressions Let's deep dive into the intricacies of pirouette technique as we explore a variety of progressions designed to refine and elevate your students' turns. From mastering the basics, breaking down their fear, building a love for turning, to polishing advanced variations.	Yolanda Offodile – Tired Movement On the importance of appropriate teaching methods and language, along with the understanding of what it means to not only be diverse but inclusive.	Nathan James - Tap Hollywood Tap Series Looking at the choreogaphy of the Gene Kelly and Donald O'Connor number 'Moses S'poses' from Singin' in the Rain and the Fred Astaire and Eleanor Powell 'Begin the Beguine' from Broadway Melody of 1940.		
10:30 - 11:30	George Hill - Adult Ballet An Offering For Your Studio? Do you currently offer adult ballet classes at your studio? Exploring class structure, pace and accessibility this workshop will give you the confidence and tools to work with adults of all levels and abilities.	Peter Crome - Pilates	Nathan James – Tap Tips and Tricks for developing tap technique The focus of the sessions will explore a range of approaches to developing and enhancing tap technique for mid-level students. Particular focus will be on articulation, elevation and rhythmical phrasing.		
12:00 - 13:00	<b>Eve Knights - Language of Dance</b> An introduction to Art through the Human Body.	Layla Harrison - Ballet	TBC		
13:00 - 14:00	LUNCH				
14:00 - 15:00	Nahum McLean - West African Dance	Layla Harrison - Ballet	TBC		
15:30 - 16:30	Nahum McLean – Horton Technique A whole body, anatomical approach to dance that includes flexibility, strength, coordination and body and spatial awareness to enable unrestricted, dramatic freedom of expression.	Peter Crome - Pilates	Samantha Cantrell Accounting made easy.		
17:00 - 19:30		Fashion Show, Drinks and Nibbles			

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## **2024 TIMETABLE**

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	THURSDAY 25th JULY 2024			
_	Studio 1	Studio 2	Studio 6	
9:00 - 10:00	Dominic Antonucci - Ballet	Louise McHendrie Dance Business Coach How to deal with the parents of your students.	Cris Penfold – Tap Working on Tap technical exercises and how exercises can be creative to engage the students. using the music and encouraging the understanding of the tap dancer being a 'percussion instrument' as well as a dancer.	
10:30 - 11:30	Dominic Antonucci - Ballet	Tom Shilcock – Commercial Learn how to improve your students' style, picking up skills, improvisation and performance skills in this upbeat commercial session.	Cris Penfold - Tap Musical theatre tap repertoire and performance. Working on style of the upper body as well as the precision of footwork to encourage performance and confidence in relation to the industry.	
12:00 - 13:00	Kate Stanforth - PBT	Tom Shilcock - Commercial Learn how to improve your students' style, picking up skills, improvisation and performance skills in this upbeat commercial session.	Paul "Steady" Steadman - Hip Hop	
13:00 - 14:00	LUNCH			
14:00 - 15:00	Kate Stanforth - PBT	<b>Aisling Duffy - Musical Theatre</b> A workshop based on the musical "Hamilton".	Paul "Steady" Steadman - Hip Hop	
15:30 - 16:30	IN THE THEATRE Sarah Gittins Thour to map out Tyear of social media content.			