

# American Tai Chi & Qigong Association

A Community for Tai Chi/Qigong People

FOR DAILY LIFE

## A Historical Summit for Tai Chi and Qigong

🕒 Sep 23, 2023

On September 18–19, 2023, the Science of Tai Chi & Qigong as Whole–Person Health Conference, the first of its kind in the world, was held in Boston by Osher Center for Integrative Medicine, an institute under the Harvard Medical School. More than 300 people from over 30 states in the U.S. and over 10 countries attended this historical summit for Tai Chi and Qigong.



**Jessica Lewis,  
ATCQA Level II  
Certified Instructor  
& Conference  
Presenter, raises  
her hand with a  
question**

One of the ATCQA Directors, Mary Wu, felt strong energy on the site: from the speeches by medical experts from prominent organizations like NIH, Harvard Medical School and VA hospitals as well as from the talks with the Tai Chi/Qigong teachers.

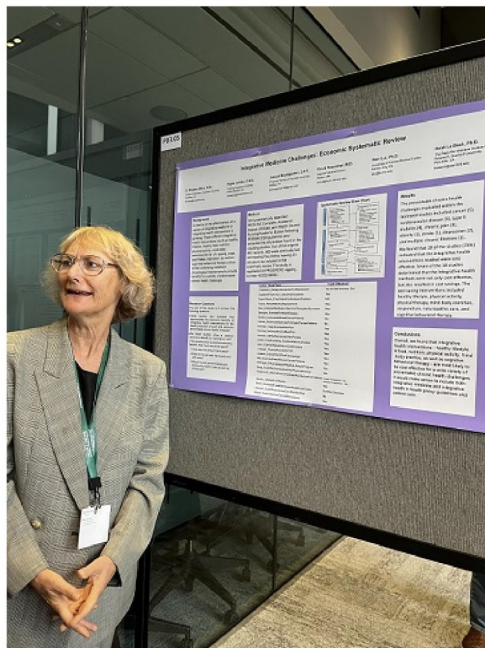


Beautiful Tai Chi performance by Calvin Chin (left), who runs a martial arts academy in Boston area, and his student.

Mary Wu (middle) with Dr. Peter Wayne (left), one of the conference co-chairs, and Dr. Wolf Mehling, who served in the planning committee.



A wide range of topics have been covered in the dozens of presentations over the 2-day period, such as integrating Tai Chi/Qigong into contemporary healthcare, virtual delivery of the programs, reaching diverse communities, and how Tai Chi/Qigong instructors can contribute to scientific research.



In addition to speeches, many Tai chi/Qigong programs were selected to showcase their achievements through the poster sessions. **CJ Rhoads**, a long-time member of American Tai Chi and Qigong Association, presented her research, "Integrative Medicine Challenges: Economic Systematic Review", in a poster session.

(left: CJ Rhoads standing in front of her poster)



« [Why Tai Chi?](#)

[How African Americans Engaging in Qigong Exercise in a Community Setting](#) »



By [Tai Chi](#)



## Related Post



FOR DAILY LIFE

### 2023: Tai Chi and Qigong Taking Center Stage in Mainstream Healthcare!

Dec 20, 2023 Tai Chi



FOR DAILY LIFE

### Why Tai Chi?

Nov 28, 2023 Tai Chi



FOR DAILY LIFE

### How African Americans Engaging in Qigong Exercise in a Community Setting

Aug 27, 2023 Tai Chi

Search

Search

## ATCQA Certification Application Form

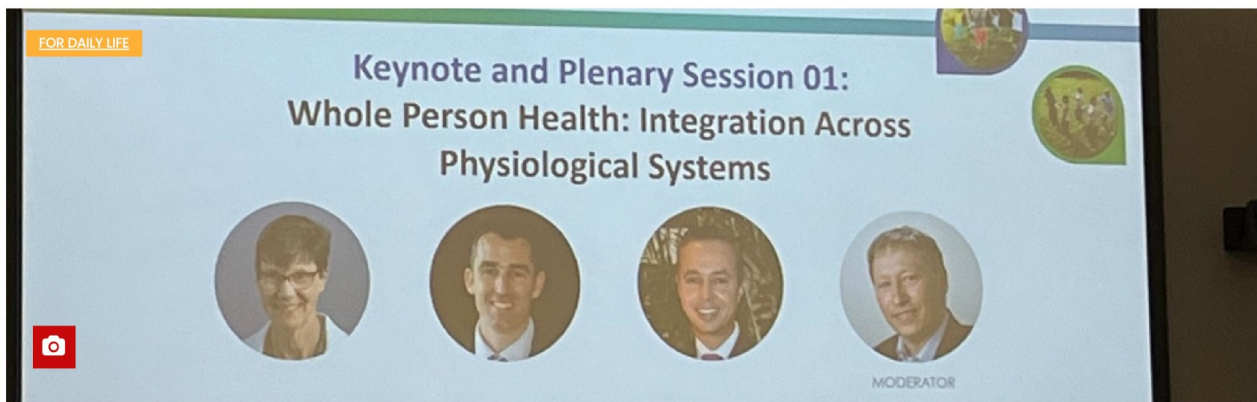
For information about the certifications, please go to this page.



American Tai Chi &amp; Qigong Association



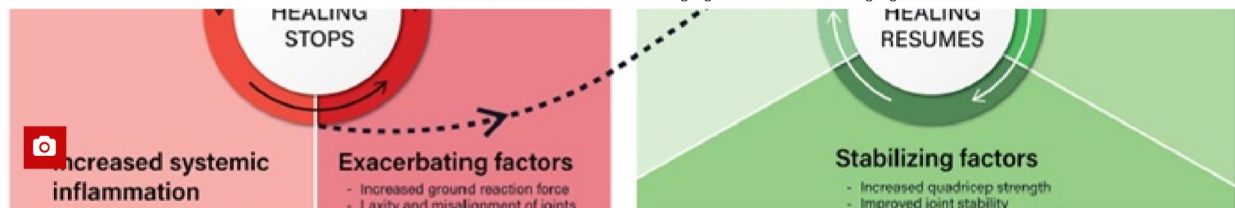
## Latest



### 2023: Tai Chi and Qigong Taking Center Stage in Mainstream Healthcare!

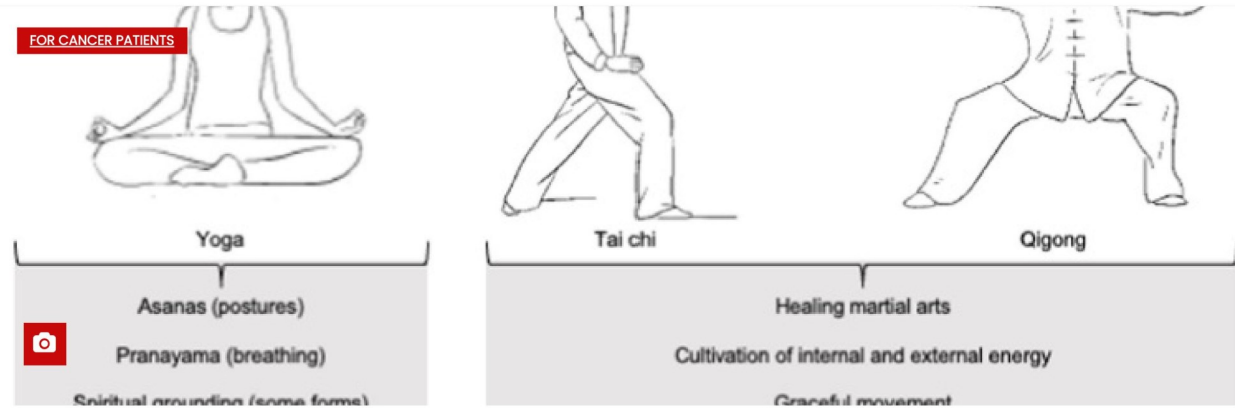
Dec 20, 2023 Tai Chi





### Why Tai Chi Effective for “A Wound That Does Not Heal”

🕒 Dec 20, 2023 📄 Tai Chi



### Tai Chi and Qigong Alleviate Adverse Effects from Chemotherapy for Cancer Patients

🕒 Dec 20, 2023 📄 Tai Chi



### A Wearable System Evaluating Tai Chi Training Motor Effects in Patients with Parkinson's Disease

🕒 Dec 20, 2023 📄 Tai Chi

## American Tai Chi & Qigong Association

A Community for Tai Chi/Qigong People

Proudly powered by [WordPress](#) | Theme: Newses by [Themeansar](#).

[About ATCQA](#) [Privacy Policy](#)