



## **City Community Tennis Hot Shot Tennis Program COVID 19 Safety Plan**

### **Wellbeing of Children and Coaches**

If a child or coach has cold or flu like symptoms, they are not to attend a hot shot class, stay home and follow the steps from a doctor and if need be, get tested for COVID 19. Please inform the office your child is unwell by phone 02 9698 9451 or email [info@citycommunitytennis.com.au](mailto:info@citycommunitytennis.com.au) - children must have a medical clearance to return to tennis class.

### **Come, Train and Go Home Policy**

All children must come to tennis classes dressed to train and then head home after the lesson.

Only 1 parent is to drop off and pick up their child.

Parents dropping their children to sessions will not be permitted to stay, if they need to stay, they must wait away from the training area or tennis courts.

### **Equipment**

All children will need to bring their own racquet each week there will be no racquets provided.

If a child doesn't have a racquet, they can purchase one from our pro shop. Please call 02 9698 9451 to organise a suitable racquet.

Any equipment used by coaches will be disinfected before and after lessons.

## **Hand Sanitiser and Hygiene**

Children are required to hand sanitise before going on court. Coaches will have hand sanitiser outside the court for the children and parents to use.

Children are able to use the public toilets and will need to be escorted by their parents.

Coaches and parents must make sure that the children have sanitised their hands before entering court

## **Entering and Exiting the court on time**

Children are to wait outside the courts near the crosses or the green stickers and wait for the coach to invite them on to the court.

Coaches will finish the class a few minutes before the lesson to allow for picking up balls, etc and to allow for children to exit before the other children enter.

Parents and Children must maintain social distancing measures of 1.5 metres between each family while waiting to enter the court

## **Social distancing rules**

Social distancing rules will be observed by coaches and parents at all times where needed.

Children will not be able to shake hands or high fives at the end of the lesson instead they will be able to wave their hands in the air or do racquet high fives.