



**Be kind, for everyone you meet
is fighting a hard battle.**

Plato



**Out beyond ideas of wrongdoing and rightdoing,
there is a field. I'll meet you there.**

**When the soul lies down in that grass,
the world is too full to talk about.**

**Ideas, language, even the phrase "each other"
doesn't make any sense.**

The breeze at dawn has secrets to tell you.

Don't go back to sleep.

You must ask for what you really want.

Don't go back to sleep.

**People are going back and forth across the doorsill
where the two worlds touch.**

The door is round and open.

Don't go back to sleep.

From The Great Wagon, Rumi

The Essential Rumi, translated by Coleman Barks



**Man is troubled not by things,
but by the view he takes of them.**

Epicetetus



Life isn't measured by the number of
breaths you take but by the moments
which take your breath away.

Attributed to **Vicki Corona**, though she admits to some uncertainty.

You are not a drop in the ocean.

You are the entire ocean,

in a drop.

Rumi



**My life is full of terrible things,
most of which have never happened!**

Michael de Montaigne





The secret of getting ahead is getting started. The secret of getting started is breaking your complex, overwhelming tasks into small manageable tasks, and then starting on the first one.

Mark Twain





**Be who you are and say what you feel, because
those who mind don't matter and those who
matter don't mind.**

Dr. Seuss



The courage to be vulnerable is not about winning or losing, it's about the courage to show up when you can't predict or control the outcome.

Brené Brown



The learning is in the wobbles.

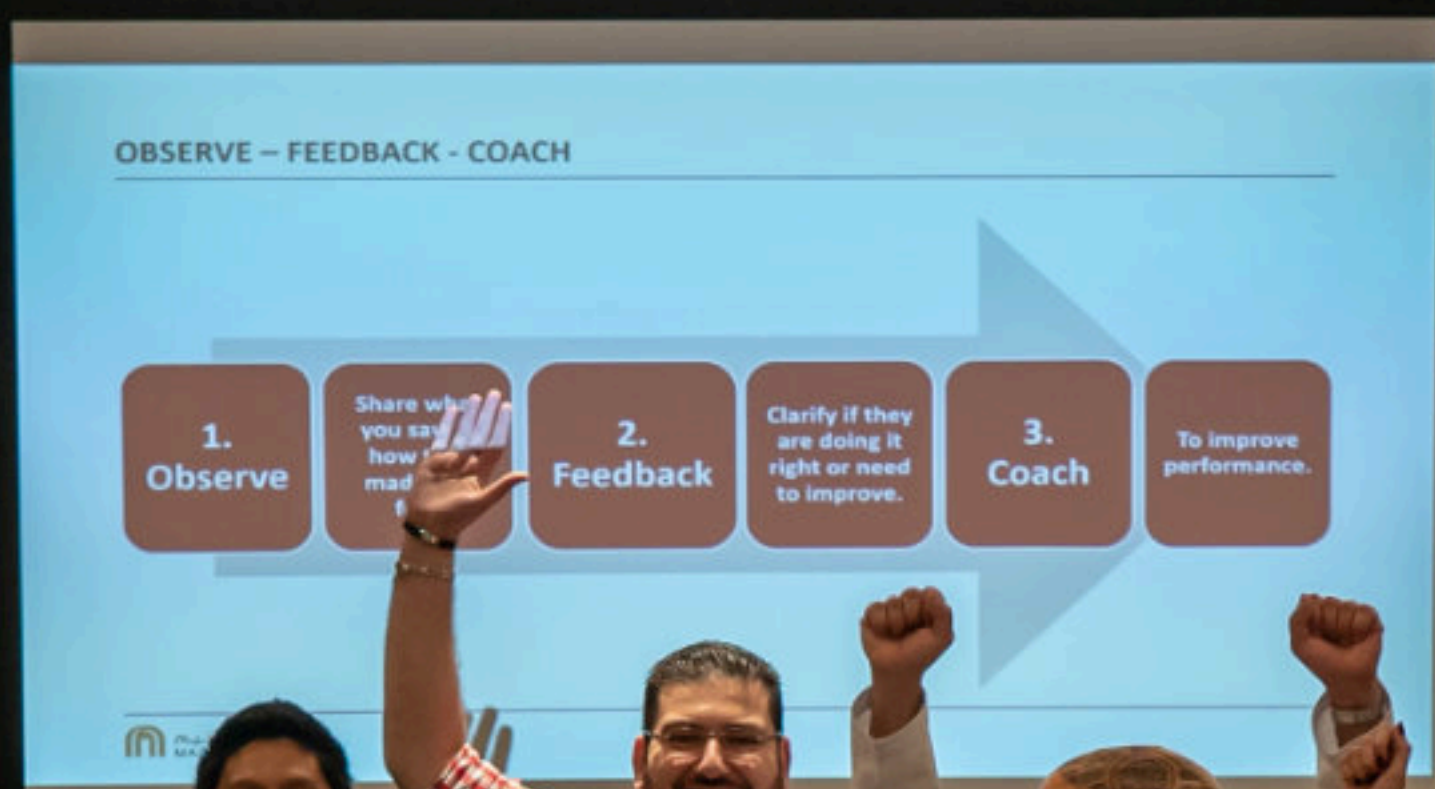
Dave Meier





The problems that exist in the world today cannot be solved by the same level of thinking that created them.

Albert Einstein



A leader is best when people barely know she exists, when her work is done, her aim fulfilled, they will say: we did it ourselves.

Adapted from Lao Tzu