



Adare Bord na nÓg Newsletter



Shane Doherty
Senior
Footballer

Welcome

What a time it has been since our last Newsletter in February. COVID-19 has changed the world we live in and has impacted us as a community and GAA club.

Despite the challenges we have faced this year, the boy's love of GAA does not seem to have been altered. It was heartening to see the boys continuing to practice their skills through challenges on the WhatsApp groups and Social Media platforms. A huge thanks also to our coaches for keeping the boys going throughout lock down with fun and skill challenges. A special thanks to the Senior Hurling and Football teams who helped keep the boys motivated also. To be honest, it might have kept the parents going too😊

However, we could see the boys were chomping at the bit to get back at it and the numbers at training have been fantastic since our return and continue to grow.

Thank you to the coaches and parents who have worked hard to follow the protocols to allow the boys to get back to training and matches as safely as possible and most important of all, thank you the boys who keep practicing and having fun.

Hope you have all settled back into your new school year and enjoy the back to school newsletter.



Q1.Biggest influence on your sporting life?
My parents

Q2. What advice would you give your 12 year old self?
Practise every day.

Q3.What is the biggest learning you had during your under age years?
Always play for the team not for the individual goal or praise.

Q4.What's the most important skill?
Being able to play off both feet.

Q5.What does it take to be a great team player?
Being willing to work hard to cover and support your team mates when they make mistakes.

Q6.Which one of your team mates has the smelliest socks?
Brendan Carmody

Q7.Which one of your team mates is the best dancer?
Shane Costello, he loves doing tik tok dances at training.

Q8.Which team mate is the ref's favourite?
Charlie McCarthy

Q9. What is the one thing people wouldn't know about you?
Won an All Ireland Community Games medal with Adare in the Relay



*Frank
Costello's*

BLOG

Well lads, I hope ye are all keeping well and are loving being back playing hurling and football again. For myself and the lads in the under 21 hurling panel 2020 is a year that we won't forget for a long time. This particular group of players had won nothing at all up along the age groups, literally nothing. The under 21 county hurling success was our first county championship title as Adare hurlers.

This took a massive effort from both the players and the management team. We had our first training back on the 29th of December and from that session John and our management team fully backed us to win out the competition. Nothing was won overnight, it took massive commitment from all the players to achieve what we did. We let nothing stop us from achieving our goals and when we returned after the lockdown we were as determined as ever to get something good out of 2020.

When the final whistle blew back in Mick Neville it was a moment I'll never forget. The feeling of winning a county hurling title with Adare was just unreal. It made everything that we had worked so hard for so worth it. Nothing is better than winning.

My advice to you lads would be to always try to be the best hurler that you can be. Listen to your coaches and do everything it takes to better yourself and Adare hurling. Don't let a day go by without picking up your hurley and practice as much as you can. Hopefully our U21 hurling success will inspire you all to do the same and go one better than we did.

Frank Costelloe

#AdaretoCrokePark

**Thank
you**



Adare Bord na nÓg would like to thank all our generous supporters who helped us fund raise recently. It is really appreciated. A special shout out to the boys who ran 222km's virtually from Adare to Croke Park. We raised an amazing **€3,685**, which will go a long way for providing for the boys.





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to our Sponsors!*



This editions coaching corner comes from u/14's hurling coach Pat Madden – thanks Pat!

“What is my Goal/ Aim? Who do I want to be like?

Do I want to make the school team?

Do I want to play for Adare?

Do I want to make the Adare senior team?

Do I want to climb the steps of the Hogan stand like Declan Hannon?”

If your answer is YES to any of these you need to get out practicing every single day.

- Go 5 minutes in the morning before school- you will have a super day at school.
- Get 20 minutes after homework – you will sleep like a baby
- Ask your coach areas where you can improve
- Remember these 3 things always HEAD, HANDS, FEET. They must always be in correct position.”

“Go neiri an bothar libh”



Social Media is a very important resource in promoting our Club and communicating with parents and the wider Community.

We would much appreciate if you could follow, like, share all posts on our Facebook, Instagram and Twitter on **Adare GAA** .



**Coronavirus
COVID-19**
What Should I Do?

- Parents, don't forget to complete the online Covid Questionnaire prior to any training or match.
- Remind the boys to sanitize their hands prior to running onto and off the field.

Our Coaches and Welfare Officer

U6 Hurling Manager: Aidan Barrett (086-4007202)
U8 Hurling Manager Ed Joyce (086-3790862)
U10 Hurling Manager John Duggan (087-2556012)
U12 Hurling Manager Marcus Doran (087-8275459)
U14 Hurling Manager Billy Heffernan (087-6574673)
U16 Hurling Manager Joey Hickey (087-2508904)

Child Liaison/Welfare Officer: Louise O'Mara (087-9528099)

U6 Football Manager Declan Quaid (087-7191528)
U8 Football Manager Shane Russell (087-6741354)
U10 Football Manager Myles Kane (087-6540002)
U12 Football Manager Joe McCarthy (087-9031339)
U14 Football Manager Don Ryan (087-2618145)
U16 Football Manager Bill Supple (087-9780649)





The Year in Pictures

