**Materials:**
Needles: #7 - 16" circular needles  
    #8 - 16" circular needles (optional)  
    US size #7 Double Point Needles (dpn)
Yarn: 200-225 yards of any yarn from the Knots of Love’s [approved list of yarns](https://knotslove.org) listed for sleep hats.

**Gauge:** 5 sts per inch

**Size:** Adult

**Instructions:**
Using smaller size 7 16" circular needles cast on 72 stitches. Join in the round, being careful not to twist at the join.

**Rnds 1-7:** Knit 1, Purl 1 around. Place a marker at the end of round 1. This forms the rib.

Change to larger #8 circulars.

**Pattern:** Work the Criss Cross Stitch

* Rnd 1: *sl st as if to purl, K1, YO, psso, K2; repeat from * around  
* Rnd 2: K around  
Repeat these 2 rnds until beanie measures 6 inches including rib. (Cap should cover the entire ear.)

**Crown Shaping:** When circular needles become too long for the decreasing amount of stitches, begin knitting off onto double point needles, 2 sections per needle. Or if you know how to work in the round with 2 circulars, divide the knitting in half while knitting a round.

* Rnd 1: Knit 7 sts, knit 2 together. * Repeat 7 more times, for a total of 8 sections.  
* Rnd 2: and each even number round: knit plain  
* Rnd 3: *Knit 6 stitches, knit two together. * Repeat 7 more times, for a total of 8 sections.  
* Rnd 5: *Knit 5 sts, knit 2 together. * Repeat 7 more times, for a total of 8 sections.  
* Rnd 7: *Knit 4, knit 2 together. * Repeat 7 more times, totaling 8 sections.  
* Rnd 9: *Knit 3, knit 2 together. * Repeat 7 more times, totaling 8 sections.  
* Rnd 11: *Knit 2, knit 2 together. * Repeat 7 more times, totaling 8 sections.  
* Rnd 13: *Knit 1, knit 2 together. * Repeat 7 more times, totaling 8 sections.  
* Rnd 15: *Knit 2, together. Only 2 stitches remain in each section.

**Finishing:** Break yarn, leaving 12". Thread onto a tapestry needle and loosely thread through the remaining stitches. Thread through a 2nd time and pull tightly to close the remaining hole. Thread to inside and stitch in place to secure. Weave in and out of a few stitches, and clip the remaining yarn.
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