# CINDY'S CABLE CHEMO CAP

# KNOTS OF LOVE

## Materials:

- Yarn: 1 skein worsted weight yarn from the Knots of Love required yarn list.
- Size 7 16" circular needles
- Size 8 16" circular needles and US 8 double point needles (dpns)
- Cable needle
- Yarn needle
- Stitch marker

### Gauge:

17 stitches, 23 rows to 4"

#### Approximate finished size:

Length: 8" ~ Circumference: 21 to 23"

#### **Instructions:**

Using size 7 needles, cast on 80 stitches using the long-tail cast-on method. Join in the round and place a stitch marker at the beginning of the round.

#### **Cable Ribbing:**

Rounds 1-5: K2, P2, K4, P2.

Round 6: K2, P2, C4F, P2.

Repeat rounds 1-6 two (2) more times for option A and one (1) more time for option B.

Next round: Purl around.

**Pattern:** Change to size 8 needles.

Knit all rounds until your beanie measures 6" from the cast-on edge.

**Crown Shaping:** Change to DPNS when necessary.

Rnd 1: \*K8, K2tog\* Repeat from \* 7 more times, for a total of 8 sections.

Rnd 2: And each even number rounds: Knit plain around.

Rnd 3: \*K7, K2tog\* Repeat from \* around.

Rnd 5: \*K6, K2tog\* Repeat from \* around.

Rnd 7: \*K5, K2tog\* Repeat from \* around.

Rnd 9: \*K4, K2tog\* Repeat from \* around.

Rnd 11: \*K3, K2tog\* Repeat from \* around.

Rnd 13: \*K2, K2tog\* Repeat from \* around.

Rnd 15: \*K1, K2tog\* Repeat from \* around.

Rnd 16: \*K2 tog\*



Option B

#### Abbreviations:

C4F: cable 4 front

Dpns: double point needles

K: knit P: Purl

sts: stitches tog: together

#### How to C4F - Cable 4 Front

Slip next 2 sts to cable needle and hold at front of work, K2 from left-hand needle, then K2 from cable needle.

How-to Video:

https://youtu.be/9Wp0A-SR38E

<u>Finishing:</u> Break yarn, leaving 12". Cut yarn, thread finishing needle. Draw thru remaining stitches & secure on the wrong side.

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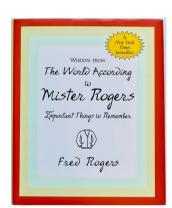
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