

HEARTSTRINGS

Designed by Kitty Beder for Knots of Love



Materials:

Needles: US 7 or US 8 16" Circular Needles; and
Same sized Double Pointed Needles

Yarn: 200-225 yards of any yarn from the Knots of Love's [approved yarn list](#)
Stitch Marker

Instructions:

Bucket Version (for variations, see below)

Cast on 88 stitches size 7 (can use 8). Do not join. Knit in garter stitch until brim measures desired width (1-1/2 to 2). Place marker and join for knitting in the round. Knit 4 rows.

To place the heartstring:

Round 1: Knit

Round 2: Bring MC (main color of cap) to front as if to purl. Join CC (contrasting color) and purl 1 stitch in contrasting color. Bring MC **over** the CC, purl second stitch in MC. Continue purling, bringing each yarn **over** the other, alternating colors. This will cause your yarn to twist, so allow for plenty of tension. When you work Round 3 the yarn will automatically untwist.

Round 3: Beginning with CC, purl, continuing to alternate colors as in round 2, only bring each yarn **under** the previous yarn. Remember you are working in the front.

Round 4: Knit in MC (you are now done with CC – unless you want to make multiple heartstrings)

Continue knitting until cap measures desired length.

Decrease changing to doublepoints when needed:

Round 1: knit 9, knit 2tog

Rounds 2-4-6-8-10-12: knit

Round 3: knit 8, knit 2tog

Round 5: knit 7, knit 2tog

Round 7: knit 6, knit 2tog

Round 9: knit 5, knit 2tog

Round 11: knit 4, knit 2tog

Round 13: knit 3, knit 2tog

Round 14: knit 2, knit 2tog

Round 15: knit 1, knit 2tog

Round 16: knit 2tog

Finishing: Cut tail, weave through remaining stitches. Pull tight and secure on inside of cap. Weave ends. Seam brim.

Variation: Cast on 88 stitches. Place marker and join. Knit rollbrim for 2-3 inches. Insert heartstring. Knit 1-1/2 inches, insert another heartstring. Can repeat for a third. Finish cap.

For a different look to the embellishment: knit the round before and the round after the heartstring in the contrasting color.



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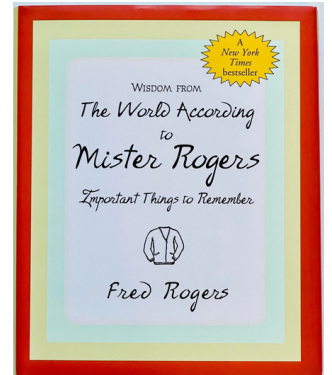
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