

GREY'S ANATOMY LIMB HUGGER



Written by Christine Fabiani, Knots of Love Founder

Materials:

Needles: Size 7 circular needles; 12 inch
Size 7 double-point needles
Yarn: 200-225 yards of any yarn from the Knots of Love's [approved list of yarns](#).
Stitch marker
Tapestry needle

Instructions:

Make all one color or change colors at will.
When changing colors, knit the first row with the new color then continue in your pattern.

Cast on 48, 56, 64, **or** 72 Stitches.
Being careful not to twist. Place stitch marker and begin working in the round.

Pattern:

Work K2, P2 until the limb hugger measures 11 inches for the leg or 9 inches from the cast-on edge for the arm.

Decrease:

Place stitches evenly on double-point needles when needed.

Row 1: *(K2, P2tog) repeat from * around.

Rows 2 - 6: *(K2,P1) repeat from * around.

Row 7: *(K2tog, P1) repeat from * around.

Row 8 - 10: *(K1, P1) repeat from * around.

Row 11: *(K2tog, P2tog) repeat from * around.

Row 12: *(K1, P1) repeat from * around.

Row 13: *(K2tog) repeat from * around.

Finishing: 8 stitches remain. Cut yarn, leaving a long tail. Thread tail through remaining stitches and remove stitches from needle. Pull to gather and close top opening. Weave in remaining tail.



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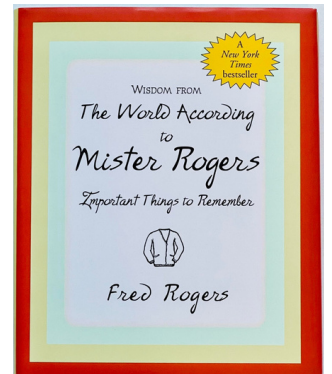
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